



Minutes

Wednesday, February 6, 2019

Hollywood Road Education Services

9:06 am – 10:36 am

8:50 am Coffee/Networking
 Welcome/Introductions
 Confirmation of Agenda

COMMITTEE MEMBERS PRESENT:

Board of Education	Le-Anne Tiede – Trustee Rolli Cacchioni – Trustee
City of Kelowna	Ryan Donn – Councillor
BrainTrust Canada	Magda Kapp
COTA	Lori Dawson-Bedard – First Vice-President
COPAC	Sarah Shakespeare – President
Crime Stoppers	Gerry Guilteneane Lori Holand?
RCMP	Federico Angulo – School Resource Officer Lesley Smith – School Resource Officer
District of Lake Country	Penny Gambell – Councillor
District Staff	Al Lalonde, Chair, District Principal – Learning Support Services Kevin Kaardal – Superintendent of Schools/CEO Peter Molloy – Director of Student Support Services Dave Cavezza – District Health & Safety Manager Dave Gibson – Traffic Safety Officer Dave Johnson – Vice-Principal, Mar Jok Elementary Kayla McBurney – Health & Safety Clerk

REGRETS:

City of Kelowna	Dave Gazley – Bylaw Services Manager Brad Sieben – Councillor
City of West Kelowna	Lisa Holt – Health & Safety Supervisor (West Kelowna)
COTA	Susan Bauhart – President
COPAC	Deannie Dacosta Zahara Cherylee Morrison
RCMP	Fred Arnold – School Resource Officer Sherri Lund – School Resource Officer
CUPE	David Tether - President
Kelowna Fire Department	Rick Euper
District Staff	Jared Birkeland – Elem Principals, N. Glenmore Elementary Curtis Schreiber – Middle/Sec Principals, CNB Middle

WELCOME

Al Lalonde welcomed everyone to the Central Okanagan Committee for Safe Schools and everyone introduced themselves.

PRESENTATION / DISCUSSION

Tricia Penny (Health Promoting Schools) – Vaping

What Do We Wonder?

- Some of the most commonly asked questions by students:
 - o Is it safe? Safer than smoking? Worse than smoking? The same?
 - o Does it help people quit smoking?
 - o Why is it called vaping?
 - o What is in it/what can you vape?
 - o Do different vapes do different things?
 - o Why does it exist?

What Is A Vaping Device?

- A handheld electronic device that simulates the experience of smoking a cigarette.
 - o A liquid is heated to become aerosol which is then inhaled by the mouth and lungs and absorbed into the bloodstream.
- There are many different types; e-cigarettes/e-cigs, vape pens, mods, e-hookahs, cheufs, vaporizers, etc.
- Made up of four pieces; mouthpiece, tank, heating element and battery.
- Vaping devices are expensive and can cost anywhere from \$80-\$100 and up for certain types, JUUL being one of the more popular brands.
- Sales of vaping devices has increased 641% in just one year.
- There are ~3000 flavours of e-liquid/e-juice which cost around \$20-\$30 a bottle.
- Contents of vaping liquids:
 - o Carrier solvent, flavors and nicotine (levels can vary).
 - o Because these are not regulated there is no way to know EXACTLY what you are getting. Some juices that state "no nicotine" may actually have quite a high nicotine content. Although some flavouring may be safe for ingestion it is not safe for inhalation.

What Do People Get From It?

- The feeling that "I'm included." Smoking and vaping are often a group activity.
- What do I do if I'm being pressured into vaping and I don't want to do it?
 - o Are there other healthier choices that are "cool" so I can still be a part of the group?
- A lot of teens, and even parents, are under the impression that vaping is healthy/healthier than smoking. They do not know the harms of vaping.
- They see their friends and family doing it and think its ok for them to join.

Rules/Laws

- The rules and laws for vaping are the same as tobacco laws. You must be 19+ to purchase and use smoking and vaping paraphernalia, neither are allowed on school property, both are prohibited in vehicles with children under the age of 16, to name a few.
- Although vape products are NOT meant for kids a lot of companies market to the younger age groups by designing their products to look like USB's, lipsticks and different electronic devices.
- Because teens are too young to purchase these items for themselves a lot will buy them on the black market.
- Buying off the black market rather than in stores can be even more dangerous since liquids can be mixed with other substances such as caffeine, cannabis oil, more or less nicotine than stated, etc. There is no way of knowing for sure what is in the liquid you are buying.
- Although BC has the lowest smoking rate in Canada the number is rising due to vaping becoming more and more popular.
- A Health Canada survey stated that 23% of teens from grades 7-12 have tried vaping at least once.

What Can We Do?

- Continue to educate ourselves on vaping through Community Involvement, Student Education Opportunities and Parent Education Opportunities.
- Have conversations with children/teens on the dangers and risks of vaping
 - Nicotine IS addictive and highly affects brain development
- Learn as much about vape products as you can so you know what they look like.
- Be a positive role model.
- Would like RCMP to have the power to give out fines for vaping – can we make it a bylaw?
- Drinking in public is illegal, why should smoking/smoking marijuana and vaping in public places be allowed? Second hand vape is just as bad as second hand smoke.

Opened the presentation for questions from the group.

Additional Articles of interest from Tricia

<https://www.hsph.harvard.edu/news/press-releases/e-cigarette-flavoring-chemicals-linked-to-respiratory-disease/>

<https://ehp.niehs.nih.gov/doi/10.1289/ehp.1510185>

Partner Update:

Federico Angulo (RCMP School Resource Officer)

- Working with Dave Gibson on Traffic Control silhouettes
 - o One was misplaced but was quickly found.
 - o Working on getting locks and/or chains to keep them in place.
 - o There has been great feedback so far. A lot of people commenting on how lifelike they look.

Sarah Shakespeare (COPAC President)

- George Pringle Elementary currently has lots going on
 - o The school is hoping to schedule a meeting with a few different groups to discuss some issues.
 - o They are working on increasing supervision and getting better lighting for the dark areas around the school.

Lesley Smith (RCMP School Resource Officer)

- St. Joseph's is having similar issues as GPE.
 - o Due to the downtown location there are often unsafe items being found on school grounds.
 - o The school has dark areas as well and they could benefit from having better lighting installed, signage posted, and increased night patrols.
 - o Covering up the graffiti, as well as making some of these other changes, may help keep people off the property during non-school hours.
- Trying to enforce rules about vaping while dealing with theft of vapes seems counter-productive but needs to be done as property theft is still property theft.
- RCMP Youth Academy is happening May 5-11th.
- "Is The Force For You?" happening on April 30th. One hundred students from grades 9-12 will attend this event.

Peter Molloy (Director of Student Support Services)

- SSS continues to work with challenging students.

Gerry Guilteneane (CrimeStoppers)

- Project 529 has been successful in helping get stolen bicycles returned.
- They have identified two youth who have been causing lots of damage.

Dave Johnson (Vice-Principal, Mar Jok Elementary)

- Nothing to report.

Ryan Donn (City of Kelowna Council)

- There is currently no request for more RCMP officers in this budget session. Still waiting for last year's request to fill additional RCMP officers.

Penny Gambell (District of Lake Country Councillor)

- Turtle Bay Crossing approved. IR7 illegal.
- The smells coming from marijuana businesses is a concern. People have requested something be done about it.
- Another police officer has been assigned to Lake Country bringing their number up to 13.

Lori Dawson-Bedard (COTA First Vice-President)

- Agrees that the Traffic Control silhouettes do look very real.
- COTA continues to have their monthly meetings with the district re: safety

Dave Cavezza (District Health & Safety Manager)

- Nothing to report.

Kevin Kaardal (Superintendent of Schools/CEO)

- What can we do to make us as a community safer? Keep up with safety concerns, roads, policing, etc.

Dave Gibson (Traffic Safety Officer)

- Nothing to report. Federico went over most of it earlier.

Rolli Cacchioni (Trustee and Board Vice-Chair)

- Discussed seatbelts on busses:
 - o Busses are designed to be safe without seatbelts.
 - o Exploring the idea of having seatbelts installed.
 - o If this were to happen they would likely start with the mini busses.
- CO Monitors
 - o Most buildings have CO monitors installed already.
 - o Some portables are in need of monitors.

Al Lalonde (Chair, District Principal – Learning Support Services)

- Ministry of Education – support around ERASE, Mental Health, VTRA, Saferschoolstogether.ca
- Erase (Expect Respect and a Safe Education) Program, Gang Prevention, Trauma training events in March for our School District.
- All school websites have the option for students to provide feedback, inform of any issues or concerns about schools and have the option to remain anonymous while doing so.

Meeting adjourned: 10:36 am

Next Meeting: April 3, 2019 – HRES – Room 3

An integrated team of professionals, parents and community members who maintain a high community profile by providing strong leadership in the area of school and community safety.

Our Mission is to positively impact school and community safety within School District No. 23 by:

1. providing an effective venue through which safety concerns of parents, students, staff and community members can be voiced,
2. increasing public awareness of safety related issues, initiatives and resources,
3. formulating safety related recommendations for school and community members, and
4. reviewing models and research data related to school and community safety.