

HEALTH PROMOTING SCHOOLS COMMITTEE MEETING

MINUTES

Thursday, APRIL 11th, 2019

School Board Office – Board Room #1 @ 4:00 pm



COMMITTEE MEMBERS PRESENT

Board of Education	Amy Geistlinger	
COPAC	Cadre Simpson	
COTA	Lois Aeckersberg (Middle/Secondary)	
COPVPA	Mike Kormany (Elementary)	Raelyn Larmet (Middle)
District Staff	Vianne Kintzinger, Assistant Superintendent	Jodee Hermiston, Recording Secretary
District Student Council	Matthew Richardson	Monika Bhatia
HPS Coordinators	Janelle Zebedee	Tricia Penny
IHA	Eileen Smith, Central Okanagan Public Health, Nursing Team Leader	
Mental Health	David Guthrie, Team Leader, CYMH	

REGRETS

ARC Programs	Kristi Field, Counsellor		
Aboriginal Education	Crystal Prince		
Board of Education	Julia Fraser		
COPAC	Valary Chidwick (Middle/Secondary)		
COPVPA	Violeta Malfair (Secondary)		
COTA	Mary Hope (Elementary)		
CUPE	Margaret Varga		
IHA	Valerie Pitman, Regional Knowledge Coordinator for Healthy Schools		
Sexual Health Education	Nicole Weremy	Jenny Rabinovitch	Leanne Woodrow

1. **WELCOME @ 4:05 PM** *Vianne Kintzinger*
 - Welcome new/returning member – Eileen Smith
2. **AGENDA** *Vianne Kintzinger*
 - 2.1 Adoption of APR 11th, 2019 Agenda - **ADOPTED**
3. **MINUTES** *Vianne Kintzinger*
 - 3.1 Adoption of FEB 7th, 2019 Minutes – **ADOPTED**
4. **PRESENTATIONS**
 - 4.1 **THE BRIDGE YOUTH & FAMILY SERVICES SOCIETY – YOUTH RECOVERY HOUSE** *Celine Thompson,
Exec Director
& Jamie
McGregor,
Program Manager*
 - o The Bridge Youth & Family Services Society is a non-profit, charitable organization supporting families & individuals who experience poverty, substance misuse, family conflict, homelessness, mental illness, sexual exploitation, abuse and trauma.
 - o Building plans are underway for a Youth Recovery House, which is an Okanagan treatment program for children and youth struggling with addiction.
 - o **The Bridge Youth & Family Services Presentation is attached (19 pages).**
 - 4.2 **MCCREARY CENTRE SOCIETY: 2018 BC ADOLESCENT HEALTH SURVEY RESULTS (PROVINCIAL & CENTRAL OKANAGAN PUBLIC SCHOOLS)** *Annie Smith,
Executive Director;
Stephanie Martin,
Community &*
 - o Karen Forsyth, BC Adolescent Health Survey Coordinator and Research Associate @ McCreary Centre Society arranged the slideshow presentation to review the results of the 2018 BC Adolescent Health Survey for the Central Okanagan.

- o Annie Smith joined us via web conference and Stephanie Martin attended in person.
- o **Results of the 2018 BC Adolescent Health Survey (Provincial) are attached (108 pages).**

*Communications
Manager
(local rep)*

After the presentation:

- o HPS Committee members agreed that they are looking forward to comparing our district data and discussing next steps.

5. 2018-2019 HPS ACTION PLAN-Update

*Janelle Zebedee
& Tricia Penny*

Tricia and Janelle reviewed the following initiatives and teaching experiences they have supported since our last meeting:

- o EASE (Everyday Anxiety Strategies for Educators) K-3 professional learning opportunity: April 4 and May 16, 2019
- o Emotional Literacy support (RAY, Blended Learning)
- o Fundamental Movement Skills support (WAT)
- o Kids in the Know support (CTE)
- o Mental Health Literacy (KLO, Blended Learning) - starting at DRK next week
- o UBCO presentation to Human Kinetics Students
- o Vaping lessons (GME)
- o Upcoming: Andrew Baxter "Mental Health Literacy for Teens" April 16th: day session offered for Counsellors, Admin & RCMP Liaison Officers and an evening session for parents

6. NEW BUSINESS

- n/a

Vianne Kintzinger

7. FUTURE PRESENTATIONS

- n/a

Vianne Kintzinger

8. FUTURE 2018-19 HPS COMMITTEE MEETINGS

- 8.1 Thursday, JUNE 6th
4:00 – 6:00 pm (School Board Office)

Vianne Kintzinger

MEETING ADJOURNED @ 6:01 pm

Vianne Kintzinger