



Minutes

Wednesday, January 9, 2019

Hollywood Road Education Services

9:00 am – 10:55 am

8:50 am Coffee/Networking
 Welcome/Introductions
 Confirmation of Agenda

COMMITTEE MEMBERS PRESENT:

Board of Education	Le-Anne Tiede – Trustee
City of Kelowna	Ryan Donn – Councillor Brad Sieben - Councillor
City of West Kelowna	Lisa Holt – Health & Safety Supervisor (West Kelowna)
BrainTrust Canada	Magda Kapp
COTA	Lori Dawson-Bedard – First Vice-President
CUPE	Colleen Elder – Sitting in for David Tether
Kelowna Fire Department	Rick Euper
COPAC	Sarah Shakespeare – President
Crime Stoppers	Lori Holand
RCMP	Fred Arnold – School Resource Officer Federico Angulo – School Resource Officer Sherri Lund – School Resource Officer
District Staff	Al Lalonde, Chair, District Principal – Learning Support Services Jared Birkeland – Elem Principals, N. Glenmore Elementary Curtis Schreiber – Middle/Sec Principals, CNB Middle Dave Gibson – Traffic Safety Officer Dave Johnson – Vice-Principal, Mar Jok Elementary Kayla McBurney – Health & Safety Clerk

REGRETS:

Board of Education	Rolli Cacchioni – Trustee and Board Vice-Chair
City of Kelowna	Dave Gazley – Bylaw Services Manager
COPAC	Deannie Dacosta Zahara Cherylee Morrison
COTA	Susan Bauhart – President
Crime Stoppers	Gerry Guilteneane
CUPE	David Tether - President
District of Lake Country	Penny Gambell – Councillor
District Staff	Kevin Kaardal - Superintendent of Schools/CEO Peter Molloy – Director of Student Support Services Moyra Baxter – Trustee and Board Chair Dave Cavezza – District Health & Safety Manager

WELCOME

Al Lalonde welcomed everyone to the Central Okanagan Committee for Safe Schools and everyone introduced themselves.

PRESENTATION / DISCUSSION

Toni Bocek & Al Lalonde – Suicide Prevention and Information

Data about Suicide

- Data suggests a trend of declining youth violence, drug use, and sexual activity.
- Epidemiology associated with suicide includes ethnicity, age, gender, and means of death.
 - o Suicide rates are higher for males, especially as they get older (50-60+).
 - o Females are two times more likely to talk about stresses, suicidal thoughts, etc. and seek help.
- Stigma surrounding suicide continues to challenge open and effective conversation and education.

Risk Factors:

1. Health (Depression, Bi-Polar, etc.)
 2. Environmental (Stressful events; divorce, job loss, family loneliness)
 3. Historical (Loss of family member to suicide, previous self-attempts)
 4. Victimization
- The assumption that most people who die by suicide have mental health issues is NOT true.
 - Some people may exhibit all common risk factors and not die by suicide. Some may have none of the risk factors but do die by suicide.
 - People showing signs do not always want to commit suicide – it is often a cry for help.

Self-Injury

"Poorly developed therapeutic behaviour".

- Cutting is most common in females. Men tend to find other ways of self-harm; fighting, excessive exercise/lifting weights.
- Youth may be finding new methods to self-harm ex. "stick and poke" tattoos.
- Reporting among adults – rare
- Reporting among adolescents – much more common
- Treatment planning
 - o Do not engage in reinforcing unintentional self-harm behaviour
 - o Do not focus on self-injury but what led to it

Prevention / Intervention

- There is no one way to prevent suicide. The District and Community provides multiple supports to students. The key is to continually develop relationships with the young people in our care and promote appropriate conversations.
- Many suicidal thoughts are temporary or "solvable".
- Schools are addressing suicide through:
 - o Mental Health Literacy
 - o Training such as Safe Talk, Assist, etc.

- o Redesigned curriculum
- o Mental Health Week
- o Community Supports (CYMH, ARC, etc.)
- o Student Teams (Peer Mentors) and more
- Community Collaboration and Supports – Foundry
- Follow threat of suicide protocol with proper Assessment forms

Opened the presentation for questions from the group.

Partner Update:

Rick Euper (Kelowna Fire Department)

- Youth fire setter numbers have dropped.
- Suggested reason given; vaping has become more popular meaning less youth are carrying around lighters/matches.

Ryan Donn (City of Kelowna Council)

- Recently hired six new RCMP officers.

Sherri Lund (RCMP School Liaison Officer)

- Nothing to report.

Lori Dawson-Bedard

- Greater number of violence to staff by students. This may be due to more reporting?

Curtis Schreiber (Middle/Sec Principals, CNB Middle)

Nothing to report.

Dave Johnson (Vice-Principal, Mar Jok Elementary)

- Nothing to report.

Federico Angulo (RCMP School Resource Officer)

- New seven foot tall silhouettes for Traffic Control. Cst. Scarecrow
- Will be set up at priority school zones – to be decided.

Lori Holand (Crime Stoppers)

- January is Crime Stoppers month. Luncheon next week.

Lisa Holt (Health & Safety Supervisor – West Kelowna)

- Nothing to report.

Magda Kapp (BrainTrust Canada)

- Youth Brain Injury Prevention launching in the Spring.
- Targeting Grade 7 for curriculum

Jared Birkeland (Elem Principals, N. Glenmore Elementary)

- Nothing to report.

Dave Gibson (Traffic Safety Officer)

- Nothing to report.

Fred Arnold (RCMP School Resource Officer)

- January has been a slower month.
- Number of marijuana seizures has decreased in the Spring

Sarah Shakespeare (COPAC President)

- Saddened by the recent theft from South Rutland Elementary PAC.
- This is the second theft this school year.
- Working on setting up one or two big presentations where a speaker will inform parents and staff about the dangers of vaping.

Brad Sieben (City of Kelowna)

- Property theft has gone up.
- Crosswalks in the Mission still an issue with traffic.

Le-Anne Tiede (Trustee)

- Nothing to report from the board.

Meeting adjourned: 10:55 am

Next Meeting: February 6, 2019 – HRES – Room 3

An integrated team of professionals, parents and community members who maintain a high community profile by providing strong leadership in the area of school and community safety.

Our Mission is to positively impact school and community safety within School District No. 23 by:

1. providing an effective venue through which safety concerns of parents, students, staff and community members can be voiced,
2. increasing public awareness of safety related issues, initiatives and resources,
3. formulating safety related recommendations for school and community members, and
4. reviewing models and research data related to school and community safety.