



Central Okanagan School District No. 23
DISTRICT HEALTH PROMOTING SCHOOLS COMMITTEE

MINUTES

Thursday, May 19, 2016

School Board Office – Board Room - 3:50 pm to 5:20 pm



COMMITTEE MEMBERS PRESENT

Board of Education	Deb Butler	
COPAC	Janice Loukras, Secondary	
COPVPA	Kevin Auclair, Elementary	Raelyn Larmet, Middle
COTA	Karen Gilbert, Secondary	
CUPE	Margaret Varga	
HPS Coordinators	Tricia Labrie	Janelle Zebedee
IHA	Cathy Richards Public Health Dietitian	
Mental Health	Skye Perry, CYMH Team Lead	
District Staff	Vianne Kintzinger, Director of Instruction	Yvonne Hildebrandt, Recording Secretary

REGRETS

Aboriginal Education	Claudia Hardy	
COPAC	Jordan Edwards, Elementary	Deb Lawless, Middle
COPVPA	Violeta Malfair, Secondary	
COTA	Mary Hope, Elem/Middle	
IHA	Karen Davies Public Health Nurse	

1. WELCOME

Vianne Kintzinger

2. AGENDA

- 2.1 Adoption of May 19, 2016 Agenda. Additions/Approved.

Vianne Kintzinger

3. MINUTES

- 3.1 Adoption of April 14, 2016 Minutes. Approved.

Vianne Kintzinger

4. PRESENTATIONS

4.1 RBC Learn to Play Leadership Grant

Colin Garbutt

- Colin Garbutt, RBC Branch Manager, Orchard Plaza, presented a \$25,000 grant cheque for the 2015-2016 school year, to support Physical Literacy mentorship and initiatives in School District No. 23.
- They physical literacy cohort involves 22 teachers representing 12 elementary schools.
- Fundamental movement skills are the building blocks for being active for life and supporting our students' overall well-being.
- Professional learning sessions included Fundamental Movement Skills, Teaching Dance for Understanding (DANCE PL3Y), and assessment strategies for Physical and Health Education.
- HPS coordinators received Fundamental Movement Skill Certification through the National Coaching Certification Program (NCCP).
- Teachers will also be provided with resources to support their learning.

Tricia Labrie/
Janelle Zebedee

4.2 Beyond the Bell

- YMCA of Okanagan: Beyond the Bell program at George Pringle Elementary. This is the second year that the YMCA has operated this after school program at the school.
- By focusing on prevention, the YMCA Beyond the Bell program provides at-risk children in Grades 1-5 with the additional help and attention they need

to succeed in their academic studies, build relationships and improve their capacity to grow and learn.

4.3 Middle Years Development Instrument (MDI)

- School District data has been released from the Grade 4 MDI surveys that were administered in the fall.
- The district report is available on the Human Early Learning Partnership website. <http://earlylearning.ubc.ca>
- HPS Coordinators will be meeting with the elementary schools to look at next steps moving forward.

5. 2015-2016 HPS ACTION PLAN

5.1 Presentations and Workshops

- April 18th - Dr. Lynn Miller – Supporting Anxious Students – Practical Help for Educators
- April 25th – Community for all Ages Stakeholder Committee Meeting – with Michelle Kam from City of Kelowna
- May 4th – Mount Boucherie Secondary School Wellness Week – Janelle and Tricia offered a Kindness Lesson
- May 13 – 15th – SmartEducation Facilitator Training – supported through UBC. Karen Ragoonaden from UBC-O facilitated the training.

*Tricia Labria/
Janelle Zebedee*

5.2 HPS Website

- HPS website is now available through the School District No. 23 home page: <http://sd23hps.weebly.com/>
- Includes information and links for mental health resources, PHE curriculum, physical activity resources, and healthy eating.

5.3 The Fire Within Us Celebration

- May 18th - The Fire Within Us Final Celebration – at Hollywood Road Education Services. Middle and secondary students from 11 schools shared their student-led inquiry projects.
- To view the celebration video to: <http://video.sd23.bc.ca/videos/video/1713/>

6. NEW BUSINESS

6.1 Review of Action Items (5 minutes)

- We have applied for the RBC Learn to Play Leadership grant, and the request for continued funding has been submitted to Interior Health.

Vianne Kintzinger

6.2 Thank you to Cathy Richards and Janice Loukras

- Both Cathy and Janice were thanked for their extended years of service to the committee.

6.3 Quick Questions

- Brown Bag Lunch program for the Syrian families re. vegetarian options: Vianne has encouraged principals to look into keeping vegetarian options at school to support these kids.
- Lice help for low income families: the treatment is very costly. It's a good idea for schools to have the treatment on hand for those families that can't afford it. The Interior Health Authority website provides the most recent lice info.
- Tuesday, May 17th was International Day Against Homophobia, Transphobia and Biphobia: School District No. 23 counsellors supported the awareness day to help make kids more comfortable knowing that staff are aware.

7. FUTURE PRESENTATIONS

8. FUTURE HPS 2016 COMMITTEE MEETINGS

8.1 Proposed for 2016-2017

October 6, December 1, February 2, April 6, June 1

4:00 – 6:00 pm (School Board Office)

MEETING ADJOURNED – 5:20 pm

ACTION ITEMS SUMMARY

Action items from the April 14, 2016 HPS meeting

Action Item	Person(s) Responsible	Status
The Fire Within Us Celebration poster – Tricia Labrie to send out.	Tricia Labrie	Completed

Action items from the Feb 4, 2016 HPS meeting

Action Item	Person(s) Responsible	Status
Vianne to send a letter to the Board of Education requesting their support of the 2016-2017 HPS Budget recommendations during their upcoming budget deliberations	Vianne Kintzinger	Completed
Janelle will send the signup link for the March 15 th Kevin Breel event	Janelle Zebedee	Completed