

How do I support my child as they enter kindergarten?

Nurturing Independence

- ✓ Provide opportunities for your child to use public washroom facilities initially with you.
- ✓ Eat lunch with your child practicing using a lunch kit, opening/closing packaging and cleaning up.
- ✓ Encourage your child to dress independently for outside play, including taking on and off footwear.
- ✓ Provide a style of shoe that your child can keep fastened.
- ✓ Support your child in doing more tasks independently.



✓ Help your child experience the care of other trusted adults for extended periods of time.

Building Social/Emotional Awareness

Arrange play opportunities with other children in different settings particularly outdoors. Encourage running, jumping and climbing activities where children can stretch and test their bodies.



Help your child recognize their emotions and communicate their feelings. Offer calming techniques to help them regulate their feelings.

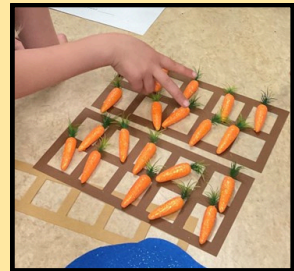
Provide opportunities for your child to develop joy in relationships with people, place, materials, and ideas. Help your child understand and care about themselves and others, and to find and achieve their purposes in the world.



Support Learning

Explore, discover and be curious with your child. Spend time outdoors, observe the changing world around us.

Share stories, songs, and rhymes. Your voice is mesmerizing, and repeating a favourite chorus helps your child create visual images and initial literacy skills.



Have fun counting anything and everything! Be positive and have fun with numbers inside and outside.

Play interactive board and card games. Introduce new vocabulary together as you play. Take every opportunity to learn names of people, places, things, feeling words, position words, colours and shapes.

Have fun playing with a variety of materials on different surfaces (i.e. blocks, boxes, sticks, rocks mud, shaving cream, sidewalk chalk)

Celebrate your child's name in print! Invite opportunities to recognize it, decorate it and talk about the letters in their environment. These are exciting and nurturing steps to help building a love of learning.





Central Okanagan Public Schools Indigenous Education

Central Okanagan Public Schools provides program services to students K-12 of Indigenous heritage to enhance their school experience.

The Indigenous Education Program includes:

- Academic Advising / Coaching
- Leadership Opportunities
- Cultural Programming
- Career Planning
- Personal Support



Inclusive Education

Our Inclusive Education staff work in partnership with schools, families and the community to help every child gain meaningful access to the social and academic curriculum in their neighborhood classroom and school. We value the unique gifts, talents, and strengths that each child brings and work together to support each child's diverse learning needs.



Welcome Centre



The Welcome Centre provides essential services to newcomers:

- Orientation to our school system
- School registration and transportation
- Language assessment for students
- Cultural and networking opportunities with Settlement Workers

The Welcome Centre is a valuable resource for new families to Canada and an important role in supporting newcomers in settling into their new community.



To access many family supports in the greater Kelowna region please go to:



Central Okanagan
Public Schools
Together We Learn

Welcome to Kindergarten

You Have Arrived!!!



We are excited to meet your family and child as we partner together in helping to build feelings of safety and confidence in your new school environment. Your school community will create playful learning experiences to help your child grow and thrive! Your new school will endeavour to learn about your child's personality, wonders, loves and fears. Teachers will spend time building connections with your child, to foster growth and a love for learning. We honour all parents and caregivers as the first teachers of their children. We welcome your valuable knowledge and insight in the best ways to nourish your child's holistic well-being as they grow through the year.