



MINUTES

Thursday, February 6, 2014

School Board Office – Board Room - 4:00 pm to 6:00 pm

IN ATTENDANCE

Aboriginal Education	Claudia Hardy		
Board of Education	Deb Butler		
COPAC	Valary Chidwick, Middle	Janice Loukras, Secondary	
HPS Coordinators	Tricia Labrie	Tobias Blaskovits	
District Staff	Norm Bradley, Director of Instruction Sharron Gibb, Recording Secretary		

REGRETS

Board of Education	Murli Pendharkar (alternate)		
COPAC	Diane Oorebeek, Elementary Theresa Bouchard (alternate)		
COPVA	Michael Snedden, Elem.	Jill Voros, Middle	Curtis Schreiber, Secondary
COTA	TBC, Elementary	Cathie Pavlik, Middle	Karen Gilbert, Secondary
CUPE	Margaret Varga		
IHA	Cathy Richards, Community Nutritionist	Shelley Myatovic, Public Health Nurse	
Mental Health	Beth Flynn		

1. WELCOME *Norm Bradley*

2. AGENDA

2.1 Adoption of February 6, 2014 Agenda *Norm Bradley*
 Moved by Valary Chidwick. Seconded by Janice Loukras. Passed

3. MINUTES

3.1 Adoption of November 14, 2013 Minutes *Norm Bradley*
 Moved by Claudia Hardy. Seconded by Deb Butler. Passed.

4. 2012-2013 HPS ACTION PLAN *Tricia Labrie*

- 4.1 Presentations and Workshops
- Student leadership physical activity workshops are happening at many elementary schools.
 - Partnership work is taking place with Canadian Mental Health Association (CMHA), The Division of Family Practice, Children and Youth Mental Health Local Action Team, Interior Health, and Central Okanagan School District Student Support Services
 - Employee Wellness Day is Friday, February 21st at the Rotary Centre for the Arts. Dr. Mark Holder will be the keynote speaker talking on “The Science of Happiness.”
 - The Employee Wellness Challenge "Well Together!" has 16 teams signed up. Weekly prizes will be distributed to participating teams.
- 4.2 got health? 2013-2014 - Tricia distributed the list of team inquiry questions. The team-training day with students took place at Hollywood Road in November. Team meetings have taken place with nearly all schools at this point. Teams are moving forward with their projects.
- 4.3 Elementary HACE Presentations and Workshops Update
- The January 22nd Elementary HACE meeting provided two breakout training choices for teachers after a brief presentation from the SPCA on their program offerings. Teachers either attended training on the Kids in the Know program or iMinds. We currently have 13 elementary schools piloting the Kids in the Know program. iMinds is funded through CARBC and all lessons are available online for free. **Tricia will send out link.**

- A Maker Day Video was presented and will be distributed to committee members. The Elementary HACE meetings to date have had a health focus. Maker Day provides some focus on careers and creative learning. Our district is providing this Maker Day opportunity to our Elementary HACE Lead teachers plus roughly 40 additional teachers that will attend at the March 11th event.

5. ONGOING BUSINESS

Norm Bradley

- 5.1 Middle Years Development Instrument (MDI) Surveys
- Copies of the district and school summary reports were shared with our Elementary Administrators to garner feedback on if they could use this data at their schools.
 - We would look at administering this survey with grade 4 students if we proceed. Survey uptake would be in November and results would be provided back to the district by Spring.
 - The committee explored the following question: "How do we know if we are meeting the needs of District students from a health perspective that includes physical, nutritional and social and emotional aspects of well-being?" Does the MDI provide us with the relevant information we need to look at social and emotional learning needs?
 - The MDI requires 1 to 1½ hours to administer in the classroom.
 - The cost to conduct this survey with all grade 4 students in our district is \$14,000.00.

Tricia Labrie

Motion: It was moved by Valary Chidwick and seconded by Janice Loukras that the Health Promoting Schools Committee endorse the use of the MDI Survey and go forward for Grade 4 students in the 2014/2015 school year.

- 5.2 District Review - The internal staff survey was provided at the Superintendents' meeting and Administrators were given the opportunity to complete it at the meeting. Tricia will continue to send student and community survey links out to schools and PAC Presidents to get more feedback results. Level II District Review Presentation is scheduled for May 7, 2014.
- 5.3 Review of Action Items – updates noted below

6. NEW BUSINESS

- 6.1 Update on Revised BC Food and Beverages Guidelines.
- Tricia provided a brief overview of the updated guidelines. More information to come as we learn more. Implementation of the updated guidelines is expected for Fall 2014.

7. FUTURE AGENDA ITEMS

8. FUTURE PRESENTATIONS

9. MEETING ADJOURNED – 5:30 pm

10. MEETING SCHEDULE 2013-2014

- 10.1 April 3, 2014, May 1, 2014
4:00 – 6:00 pm (School Board Office)

ACTION ITEMS SUMMARY

Action Item	Person(s) Responsible	Status
It is recommended that the the got health? video be shared with the Elementary HACE reps.	Tricia	At next HACE meeting
Tricia and Tobias to brainstorm the content/questions for the District Review prior to the next HPS Committee meeting and share with the committee	Tricia, Tobias	In Progress
Website and Portal – Links to DASH BC to be checked.	Tobias	Completed
Norm will bring an update on the EDI project to the next meeting. Tricia will print off school level and area level report and bring it to the next meeting	Norm and Tricia	Completed
Tobias will finalize the community and student surveys and send drafts to the committee in the next few weeks. He will also send the template for this program review.	Tricia and Tobias	In Progress
iMinds is funded through CARBC and all lessons are available online for free. Tricia will send out link.	Tricia	In Progress
A Maker Day Video was presented and will be distributed to committee members.	Tricia	In Progress
Elementary Administrators to garner feedback on if they could use this (MDI) data at their schools.	Norm	In Progress
Tricia will continue to send student and community survey links out to schools and PAC Presidents to get more feedback results.	Tricia	In Progress