



MINUTES

Thursday, September 26, 2013

School Board Office – Board Room - 4:00 pm to 6:00 pm

IN ATTENDANCE			
Aboriginal Education	Karen Chase		
Board of Education	Deb Butler		
COPAC	TBC, Elementary	Valary Chidwick, Middle	
COPVPA	Jill Voros, Middle		
COTA	TBC, Elementary	Cathie Pavlik, Middle	Karen Gilbert, Secondary
HPS Coordinators	Tricia Labrie	Tobias Blaskovits	
IHA	Shelley Myatovic Public Health Nurse		
District Staff	Norm Bradley		
REGRETS			
Board of Education	Murli Pendharkar (alternate)		
COPAC	Janice Loukras, Secondary		
COPVPA	Michael Snedden, Elem.	Curtis Schreiber, Secondary	
CUPE	Margaret Varga		
IHA	Cathy Richards		
Mental Health	Beth Flynn		

1. WELCOME

Introductions – Claudia Hardy, Aboriginal Education Cultural Program Assistant – replacing Karen Chase who is retiring now.

Shelley Myatovic, Public Health Nurse – replacing Kim Bucek as the IHA representative

Guests:

- Ashley Sherbino and CJ LeBlanc, Youth Transitions Navigator, Canadian Mental Health Association Presentation
- Karen Mason – Just Be Friends Program Presentation

2. AGENDA

- 2.1 Adoption of September 26, 2013 Agenda
Moved by Jill Voros. Seconded by Karen Gilbert. Passed.

Norm Bradley

3. MINUTES

- 3.1 Adoption of June 18, 2013 Minutes
Moved by Karen Gilbert. Seconded by Deb Butler. Passed

Norm Bradley

4. PRESENTATION

- 4.1 Living Life to the Full - Canadian Mental Health Association (CMHA)
Ashley Sherbino, Community Educator, and CJ LeBlanc, Youth Transitions Navigator. This program uses Cognitive Behaviour Therapy (CBT): thoughts, feelings, actions, and is recommended for grade 7-12. A program did run successfully at Mt. Boucherie in 2012-2013 on a trial basis. Ashley and CJ would like the program endorsed in SD23 Middle and Secondary Schools. Three leaders are available. Cost is \$185 per student for 8 sessions.
- 4.2 Just Be Friends – Karen Mason, head of PR/communications. This is a new company in Kelowna – on-line social education platform for families aimed at building communities. Aimed at K-7 age group. 24 schools across Canada are currently signed-up. Davidson Road is the first SD23 to become involved. Currently no cost to sign up. Subscription fees will follow. Access currently has been through parents (PACs).

CMHA

Tricia

5. 2012-2013 HPS ACTION PLAN

- 5.1 Presentations and Workshops – Tricia and Tobias both attended the Action School BC training in Vancouver in August 2013.
- 5.2 Tricia summarized the training sessions that she and Tobias have been delivering in elementary schools. As well, Tricia presented to the Public Health Nurses. Additionally, a District Coordinators meeting/idea sharing session is scheduled later in this fall.
- 5.3 Across the Lake Swim Grant has been doubled and will now include all grade three students in SD23. Rutland Family Y has joined the program this year and will offer facility access as well. It was recommended that the Across the Lake Swim Society be recognized at a Board Meeting.
- 5.4 Healthy Food Fair – September 24th at HRES featured 15 food vendors with a good turnout and good feedback from both vendors and participants.
- 5.5 DASH Resources – Tricia went to Vancouver to review resources and make them more student-friendly. Those resources to be available shortly.

6. ONGOING BUSINESS

- 6.1 T.O.R. Membership Discussion – interested parties may include Pacific Sport, UBC-O, Okanagan College. To be considered if/when identified
- 6.2 Review of Action Items (5 minutes)
Tricia will email the MDI slide show to the HPS Committee, and will provide a copy of the survey and the reports at the November meeting. The cost of M.D.I. administration for all grade 4 students in the District is approximately \$14,000

Norm Bradley

Norm Bradley

7. NEW BUSINESS

- 7.1 District Review
Discussion regarding the information to be collected. Noted that the HPS Three-year Plan that was completed last year, was built from the HPS District Review in 2010. Noted that the current survey should be completed by December 2013; the District Review is due in May 2014. Tricia and Tobias to brainstorm the content/questions prior to the next HPS Committee meeting and share with the committee
- 7.2 Vending Machines – added to agenda
Discussion was held regarding vending machines and consession operations and compliance with BC Food and Beverage Guidelines

Tricia Labrie

8. FUTURE AGENDA ITEMS

9. FUTURE PRESENTATIONS

10. MEETING SCHEDULE 2013-2014

- 10.1 November 14, 2013, February 6, 2014, April 3, 2014, May 1, 2014
4:00 – 6:00 pm (School Board Office)

11. ADJOURNMENT 6:15 pm

ACTION ITEMS SUMMARY

Action Item	Person(s) Responsible	Status
It is recommended that the got health? video be shared with the Elementary HACE reps.	Tricia	In Progress
Tricia will email the MDI slide show to the HPS Committee, and will provide a copy of the survey and the reports at the November meeting	Tricia	In Progress
Tricia and Tobias to brainstorm the content/questions prior to the next HPS Committee meeting and share with the committee	Tricia, Tobias	In Progress