

2024 BC School Sports Senior Girls' Volleyball Update

Sports Advisory Committee

List names of SAC (?)

Game Ball - Molten V5M 5000

Molten ball to be used for zone play-offs and provincial tournaments (boys & girls)

Rules of Play

As per Volleyball Canada rules. Please refer to the following

volleyball.ca/uploads/Development/Referee/Rules/Rulebook_Files/Current_Year/2023-24_VC_Rulebook_-_EN.pdf

volleyball.ca/en/development/referee/rules-amp-guidelines

volleyball.ca/uploads/Development/Referee/Rules/FAQ/2021-10_VC_FAQ_EN.pdf

Frequently Asked Questions

Team Rosters - Teams may dress and play 15 players for all matches.

Uniforms - All players must wear playing uniforms for the complete warm-up

Warm-up - During the designated-on court warm-up time: Athletes must remain on their side of the net immediately following an attack and only move to the opposite side of the net from outside of the court. Athletes are not permitted into the receiving court. Any ball from the receiving side of the court, entered to the attacking side, must be entered from outside of the court. Retrieved balls must be returned along the sidelines of the court and not through the receiving court. If the team is using both sides of the court (*full court game type activity – only one ball can be in play at any given time*). Opposing teams are not permitted to use volleyballs in the free zone during the other team's allocated court time. It is recommended that the opposing team support the retrieval of volleyballs for the team on the court.

Playing Ball of roof - Teams may play the ball off the ceiling (including other overhead obstructions) provided that the contact with the ceiling takes place above the floor within the court and free zone and the ball does not cross into the opponents playing space immediately after contacting the ceiling or obstruction.

Fair play rule - In the spirit of fair play, any form of deliberate distraction during an opponent's act of serving the ball is a breach of the fair play rule. Examples of unfair play include, but not limited to "balls up", "8-7-6-5-4-3-2-1", using a horn, etc.

Returning to court - Players may enter court prior to the expiration of the designated stoppage period. Players may, but are not required, to wait for referees' signal to enter court (*exception – start of set 1*)

12-substitution rule - 12 Unlimited sub rule will be in effect for boys and girls. (Rule 15.6.3 and 15.6.4)

Two Libero Rule – As per Volleyball Canada Rule 19.1.1 – Teams may designate two liberos

- **New for 2024** - For High School grades 9 -12, teams will be allowed to designate two liberos per set.
- The Libero must wear a uniform which has a different dominant colour from any dominant colour of the team jersey.
- the liberos must be specified on the line-up card at the beginning of each set.
- liberos may be redesignated between sets (***note*** – players must maintain the same number for the entire match.)

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