

HEALTH PROMOTING SCHOOLS COMMITTEE MEETING

MINUTES

Thursday, JUNE 6<sup>th</sup>, 2019

School Board Office – Board Room #1 @ 4:00 pm



**COMMITTEE MEMBERS PRESENT**

<b>Board of Education</b>	Amy Geistlinger		
<b>COPAC</b>	Cadre Simpson, Elementary		
<b>COTA</b>	Mary Hope (Elementary)	Lois Aeckersberg (Middle/Secondary)	
<b>COPVPA</b>	Mike Kormany (Elementary)		
<b>District Staff</b>	Vianne Kintzinger, Assistant Superintendent	Jodee Hermiston, Recording Secretary	
<b>District Student Council</b>	Matthew Richardson	Monika Bhatia	
<b>HPS Coordinators</b>	Janelle Zebedee	Tricia Penny	
<b>IHA</b>	Eileen Smith, Central Okanagan Public Health		
<b>Mental Health</b>	David Guthrie, CYMH		

**REGRETS**

ARC Programs	Kristi Field, Counsellor		
Aboriginal Education	Crystal Prince		
Board of Education	Julia Fraser		
COPAC	Valary Chidwick (Middle/Secondary)		
COPVPA	Violeta Malfair (Secondary)		
CUPE	Margaret Varga		
IHA	Valerie Pitman, Regional Knowledge Coordinator for Healthy Schools		
Sexual Health Education	Nicole Weremy	Jenny Rabinovitch	Leanne Woodrow

1. **WELCOME @ 4:08 PM** *Vianne Kintzinger*
2. **AGENDA** *Vianne Kintzinger*
  - 2.1 Adoption of JUN 6<sup>th</sup>, 2019 Agenda - **ADOPTED**
3. **MINUTES** *Vianne Kintzinger*
  - 3.1 Adoption of APR 11<sup>th</sup>, 2019 Minutes – **ADOPTED**
4. **PRESENTATIONS** *Vianne Kintzinger*
  - 4.1 Congrats to Matthew Richardson – young volunteer of the Year!
  - 4.2 Request to post info on SD23 from Danois @ DrugRehab .com
5. **2018-2019 HPS ACTION PLAN-Update** *Janelle Zebedee & Tricia Penny*

Tricia and Janelle reviewed the following initiatives and teaching experiences they have supported since our last meeting:

  - EASE (Everyday Anxiety Strategies for Educators) Training session on May 16<sup>th</sup>
  - Emotional Literacy support (RAY, Blended Learning)
  - Gr 8 Aboriginal Gathering @ UBCO
  - Kids in the Know support (Ellison)
  - Mental Health Literacy Lessons (KLO, Blended Learning)
  - Mental Health Literacy for Teens In-Service w/Andrew Baxter on April 16<sup>th</sup>

- Mental Health daytime session offered (for Counsellors, Admin & RCMP Liaison Officers) and an evening session (for Parents)
- Vaping Awareness Lessons (KLO PAC, SKE, WAT)

**6. NEW BUSINESS**

*Vianne Kintzinger*

**6.1 HPS**

- Possible additions include a list of public health nurses assigned to schools, inviting the nurses to the district Health & Safety Committee meetings and sending our HPS minutes to H & S and to COPAC.

**6.2 Nursing Student Partnership with UBC-O Nursing Program**

- Instructors (Dennis & Christine) are working on student placement in 10 schools (elementary, middle & secondary)
- Mini lessons will be tailored to school goals

**6.3 HPS - Terms of Reference Review**

**7. FUTURE PRESENTATIONS – n/a**

*Vianne Kintzinger*

**8. FUTURE 2018-19 HPS COMMITTEE MEETINGS**

*Vianne Kintzinger*

**8.1 Motion to change the meeting hours – CARRIED**

- 4:15 is the **NEW START TIME**

**8.1 Meeting Dates: CONFIRMED**

**OCT 3** - 4:15 – 6:00 pm (School Board Office)

**DEC 5** - 4:15 – 6:00 pm (School Board Office)

**FEB 6** - 4:15 – 6:00 pm (School Board Office)

**APR 2** - 4:15 – 6:00 pm (School Board Office)

**JUN 4** - 4:15 – 6:00 pm (School Board Office)

**MEETING ADJOURNED @ 5:30 pm**

*Vianne Kintzinger*