

# Central Okanagan School District No. 23 **DISTRICT HEALTH PROMOTING SCHOOLS COMMITTEE**



## **MINUTES**

# Thursday, November 14, 2013 School Board Office – Board Room - 4:00 pm to 6:00 pm

IN ATTENDANCE			
Board of Education	Deb Butler		
COPAC	TBC, Elementary	Valary Chidwick, Middle	Janice Loukras, Secondary
COPVPA	Jill Voros, Middle	Michael Snedden, Elem.	
COTA	TBC, Elementary	Cathie Pavlik, Middle	Karen Gilbert, Secondary
CUPE	Margaret Varga		
HPS Coordinators	Tricia Labrie	Tobias Blaskovits	
IHA	Shelley Myatovic	Cathy Richards	
District Staff	Norm Bradley		
Mental Health	Beth Flynn		

REGRETS	
Board of Education	Murli Pendharkar (alternate)
<b>Aboriginal Education</b>	Claudia Hardy
COPVPA	Curtis Schreiber, Secondary
COTA	Karen Gilbert, Secondary
IHA	

1. WELCOME Norm Bradley

- 1.1 Amber Coles, GESS, grade 11 student representative sent regrets today. She will plan to join the next meeting
- 1.2 Sharron Gibb, SD23, is replacing Gillian as Norm's Admin. Assistant effective January 2014. Sharron stayed for the meeting as a guest
- 1.3 Leanne Shephard, SD No. 23 Family Life Team joined the group today as a guest
- 1.4 New Elem COPAC rep Diane Oorebeek. Diane will be sharing this position with Theresa Bouchard

### 2. AGENDA

2.1 Adoption of November 14, 2013 Agenda
Moved by Valary Chidwick. Seconded by Beth Flynn. Passed.

Norm Bradley

#### 3. MINUTES

3.1 Adoption of September 26, 2013 Minutes
Change under Attendance and Regrets – Janice Loukras did not attend
Moved by Valerie Chidwick. Seconded by Cathie Pavlik. Passed.

Norm Bradley

### 4. 2012-2013 HPS ACTION PLAN

4.1 Presentations and Workshops

- Tricia and Tobias listed the presentations and workshops that they delivered, including student leadership workshops at eight schools, and a presentation to the Student Teachers at UBC-O regarding daily physical activity for elementary students.
- The HACE Elementary Lead teachers heard presentations from 60 Minutes Kids Club and Kids in the Know, at their first meeting this school year
- 4.2 Consideration will be given to having a Family Life teacher as a guest at the table and/or as an additional committee position
- 4.3 Across the Lake Swim Program Grant video was shown; information given regarding the program expanded this year to include all grade 3s in SD23 who will have three swimming sessions each (approx.. 1700 students)
- 4.4 got health? 2013-2014 10 schools (grades 4-11) are participating this year a very successful student workshop was held on Tuesday, November 12<sup>th</sup>, 2013. Participating schools are: Dorothea Walker, Chute Lake Elem., Bankhead Elem.,

Tricia Labrie

- Pearson Road, Rutland Middle, KLO Middle, Springvalley Middle, George Elliott Secondary, and Central School. Tricia will circulate the got? health inquiry questions once they are available.
- 4.5 Community Meetings Tricia and/Tobias attending the IHA Coordinators meeting (partnerships are key) and the Central Okanagan Health Coalition. The COHC is a Physician lead initiative generating action items for making a healthier community. HPS Coordinators will keep this committee informed regarding any new initiatives.
- 4.6 60 Minute Kids Club and City of Kelowna meeting Kelowna would like to promote itself as a healthy community. This may be an opportunity to work more closely with the School District in a partnership
- 4.7 Canadian Student Leadership Conference (CSLC 2014) Tobias and Tricia will be involved with the organizing committee, focusing on energizers, healthy opportunities
- 4.8 Website and Portal Tobias 'walked' the committee through the features of the new and updated SD23 website and portal. Links to DASH BC to be checked.
- 4.9 HACE (Health and Career Education) was a major feature of the October 25<sup>th</sup> SD No. 23 Pro D Day. Alex Russell from Toronto was the keynote speaker and his topic focused on student anxiety, grit, and resiliency. Very well received. His book is "Drop the Worry Ball." Norm noted the benefit and impact that the creation of the HACE elementary lead teachers group has had.

#### 5. ONGOING BUSINESS

- 5.1 Middle Years Developmental Instrument (MDI) Surveys the MDI surveys were reviewed and discussed. The goal is still to engage in a process to find out if and how the HPS program is making a difference are we meeting the goals and objectives of the HPS program? McCreary Study done last spring and it will provide good regional information but not specific data for the HPS program. It was noted that a survey will only be useful if there is a commitment to pre, post, continued surveys. Possible letter to the Min. of Education for funding same as EDI or possible pilot project. MDI would survey social-emotional health noted as a possible base-line before committee delves into social emotional pillar. Norm will bring an update on the EDI project to the next meeting. Tricia to print off school level, area level report and bring it to the next meeting.
- 5.2 District Review the HPS program is up for review this year. Tobias shared a proposed survey; interested and interesting discussion and feedback followed. The intention is that the on-line survey be ready to go sometime in January. Tobias and Tricia will finalize the community and student surveys and send drafts to the committee in the next few weeks. He will also send the template for this program review.
- 5.3 CommunityLINK report was completed and submitted to the Ministry of Education.
- 5.4 Review of Action Items updates noted below

### 6. NEW BUSINESS

6.1 School Planning Council (SPC) Report – the HPS Coordinators prepare an annual report to identify SPC goals District-wide that line up with the goals of the HPS Committee. Deb Butler to provide a copy to the Education and Student Services Committee

Tricia Labrie

Norm Bradley

#### 7. FUTURE AGENDA ITEMS

#### 8. FUTURE PRESENTATIONS

#### 9. MEETING ADJOURNED – 6:05 pm

## **10. MEETING SCHEDULE 2013-2014**

10.1 February 6, 2014, April 3, 2014, May 1, 2014 4:00 – 6:00 pm (School Board Office)

# **ACTION ITEMS SUMMARY**

Action Item	Person(s) Responsible	Status
It is recommended that the got health? video be shared with the Elementary HACE reps.	Tricia	At next HACE meeting
Tricia will email the MDI slide show to the HPS Committee, and will provide a copy of the survey and the reports at the November meeting	Tricia	Completed
Tricia and Tobias to brainstorm the content/questions for the District Review prior to the next HPS Committee meeting and share with the committee	Tricia, Tobias	In Progress
Tricia will circulate the got? health inquiry questions once they are available.	Tricia	In Progress
Website and Portal – Links to DASH BC to be checked.	Tobias	In Progress
Norm will bring an update on the EDI project to the next meeting.  Tricia will print off school level and area level report and bring it to the next meeting	Norm and Tricia	In Progress
Tobias will finalize the community and student surveys and send drafts to the committee in the next few weeks. He will also send the template for this program review.	Tricia and Tobias	In Progress
Deb Butler to provide a copy to the Education and Student Services Committee	Deb Butler	Completed