

SD23 SEXUAL HEALTH helpful resources

Click an image below to access the website



Action Canada for Sexual Health and Rights
Information and resources about sexual health



CyberTip
Tipline for reporting online abuse or harassment



Elizabeth Fry
Support for survivors of intimate partner violence, child abuse, and sexual assault



Emergency IUD
Information about local doctors who can insert an IUD quickly for emergency contraception



erasure - Report It Tool
Link to anonymously report bullying or harassment to your school



Etcetera
2SLGBTQIA+ Youth Group



Foundry Kelowna
Youth mental wellness center



It's a Plan
Birth control decision guide



KGH Gynaecology Services Clinic
Abortion services in Kelowna



Kids Help Phone
Confidential mental health and safety support



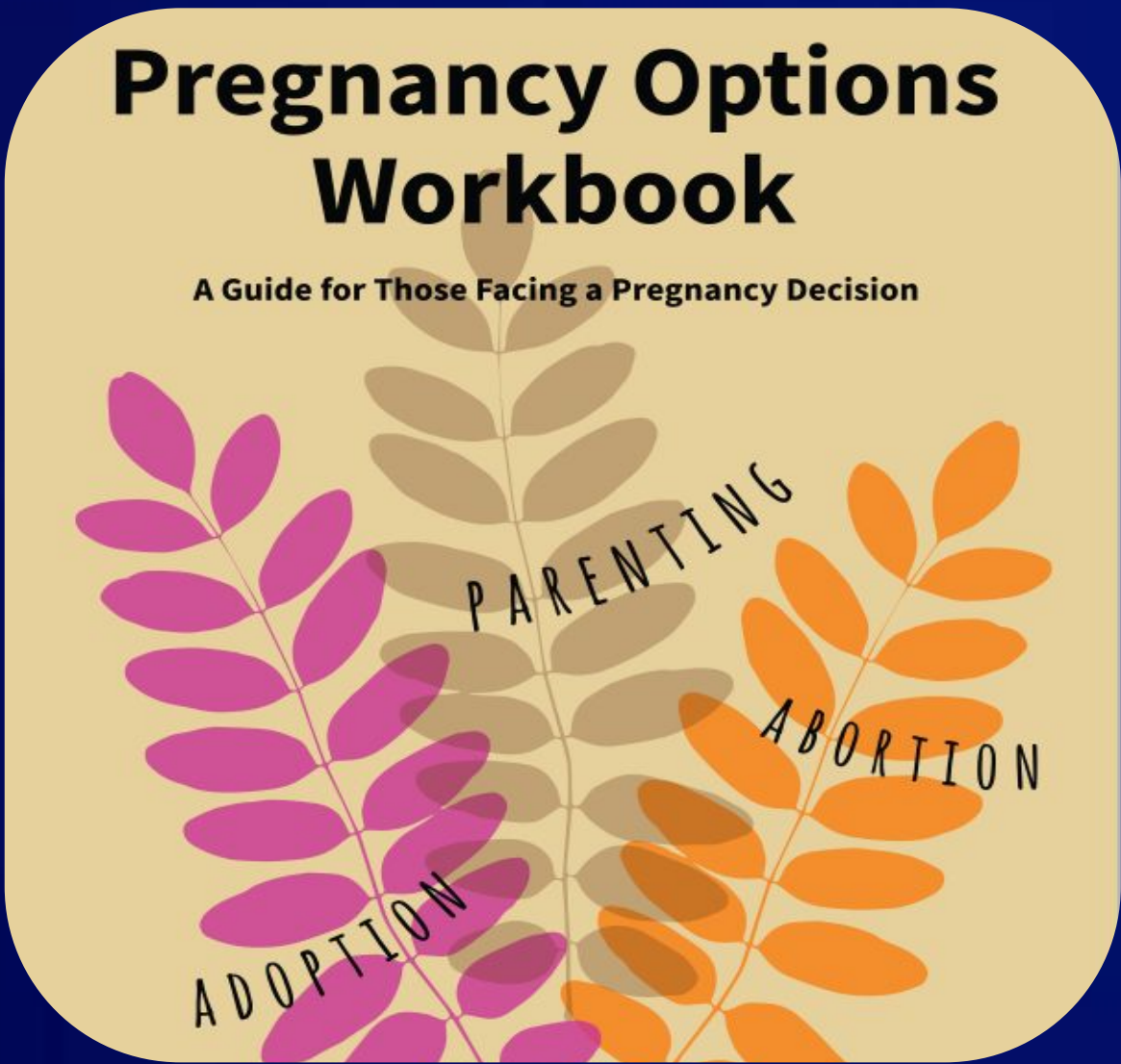
Need Help Now
Help removing sexual images from the internet and knowing your rights



Options for Sexual Health
Reliable information about sexual health and contact information for the Kelowna Clinic



pflag Canada
Advocacy and support for 2SLGBTQIA+ individuals



Pregnancy Options Workbook
A workbook to help you learn about all pregnancy options available



Scarleteen
Inclusive and supportive sex and relationships info for teens



Sex & U
Sexual and reproductive health information



Smart Sex Resource
BC sex and reproductive health information



Trans Care BC
Equitable and accessible care and information for trans people across BC



Young Men's Health
Carefully researched health information for young men



Valley Medical
Walk-in on-demand STI testing in Kelowna

Helpful Phone Numbers

Health Info and Advice	8-1-1
Kids Help Phone	1-800-668-6868 (call) or 686868 (text)
Pregnancy Options Line	1-888-875-3163
Sex Sense Line	1-800-739-7367
Sexual Health Info Line	1-888-642-2725 (call) or 613-800-6757 (text)
Trans Lifeline	877-330-6366

Sexual Health Care

To access sexual health care, you could visit...

- Family doctor
- Walk-in clinic doctor
- Pharmacist
- Urgent Primary Care Center