

TOGETHER *We* LEARN



**Central Okanagan
Public Schools**
Together We Learn
www.sd23.bc.ca

CAPITAL news

We are proud to present our summer issue! It's all about how we connect with each other to gather inspiration, deepen our learning, and look forward to the next steps of our learning journey. In these pages, you'll find articles on who inspires us to be awesome, why our learning is awesome, and how you can look forward to an awesome summer and even more awesomeness next school year!

In this issue:

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- The Expo of Awesome! p. 10
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- Art in Action Throughout the Issue!



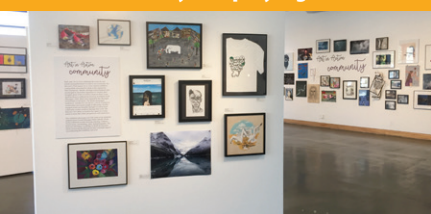
INSPIRED to be Awesome!



Kai McLeod, Grade 5 at Watson Road Elementary, disconnects from technology and takes in nature with his class on the Mission Greenway. Art is a great way to reflect on your surroundings for deeper learning and connection with nature!

Art in Action

Throughout this issue, you'll find selected works from The Art in Action exhibition at the Kelowna Art Gallery. The Art in Action exhibition celebrates the creativity and artistic accomplishments of youth in our community, displaying over 140 works of art created by students from Central Okanagan Public Schools. Works in this exhibition include drawing, painting, sculpture, mixed media, printmaking, video, and photography.



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YMCA SUMMER CAMPS (Ages 3–14)



Chairperson's Message



Moyra Baxter, Chairperson,
Board of Education

I was asked to provide some thoughts on someone who inspires me. After consideration, I realize that there is not just one person who inspires me, rather two groups of people.

First, the students in Central Okanagan Public Schools inspire me. No matter where I go in the school district, or which event I attend, the students I encounter always impress me. Whether they are kindergarten children, full of excitement and wonder, or senior students making plans for their futures, they inspire me to continue learning. I meet learners who overcome severe challenges and gain confidence in their abilities. I meet contributors who are committed to improving the lives of those less fortunate, and I meet innovators who seek new solutions to world problems. I am very proud of all these students.

Another group of people who inspires me is those who empower our students to be lifelong learners. These are the teachers, support staff, and administrators, dedicated people who look out for the students entrusted to their care every day. Education changed to meet the needs of the 21st century, but the staff members in our schools and centres remain committed to the wellbeing of all students. Our learners are in good hands.

So these are the people who inspire me to always strive to be the best school trustee I can.

Superintendent's Message



Kevin Kaardal, Superintendent
of Schools/CEO

Brave people who work to improve the lives of others inspire me. One of those people is Rod Allen, who as BC's Chief Educator launched the transformation of education in BC, empowering students to have agency over their learning. His work generated social license for many others, whose work will better prepares learners to create a more sustainable and equitable global society.

MLAs and school trustees also champion the transformation of education in BC. Their service inspires me because the wellbeing of learners is their North Star.

Throughout the Central Okanagan, educators empower learners to become critical and creative thinkers, innovators, collaborators, and contributors to society. Our district community lives our motto, Together We Learn, to develop safe and inspiring spaces for learners. Learners like Tor, a SOGI - inclusion activist; Keneisha, a change leader in many areas (just read about her recent project on page 8!); and Justin, who began a campaign to end food scarcity in Canada and is now an NDP candidate: these are youth who take risks, lead others, and strive to make the world a better place. Whether we call them activists, heroes, or disruptors, all of these brave people give me hope for the future!

Central Okanagan Family Hub

The Central Okanagan Family Hub is a vital community resource, with over 12,000 visitors and 1,617 referrals to over 35 child-serving agencies in the community over the past three years. **After three years building a very successful model, the Hub needs your help to stay open.**

The Do a Lot for a Little Campaign will run until June 14th and hopes to

raise \$100,000 to keep the Family Hub open.

Donations can be made online at www.kcr.ca (follow the Do a Lot for a Little link) and tax receipts will be made for all donations over \$25. To learn more about the Hub, to get involved in a fundraiser, or to donate, please contact Dorothee at 250-860-4911 or dorothee@kcr.ca

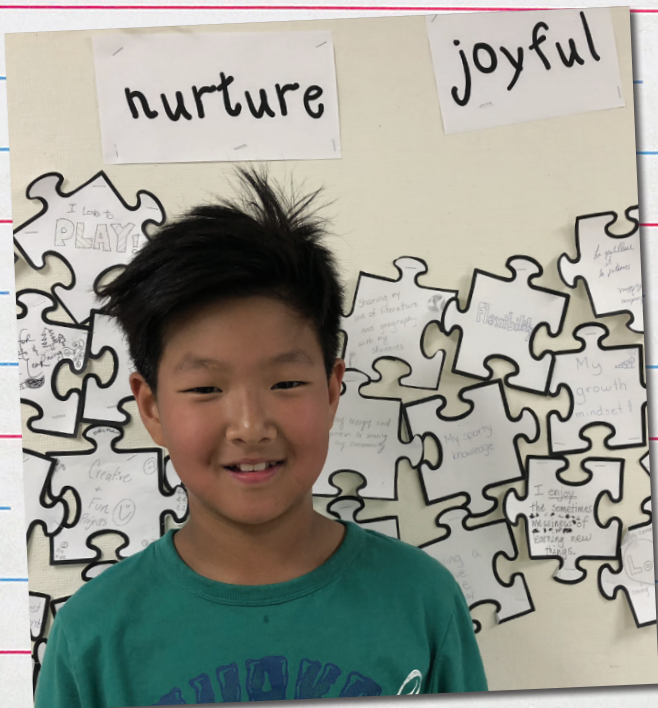


The Rutland Elementary School Social Justice Club raised almost \$1,300 with a one-week coin drive.

Will you follow these young leaders and raise funds in your community?



LetterRs That Inspire



Letter from Home – A Newcomer to Canada

Thank you.

When we came to this strange country, when Eric came to this strange school, everything is strange. I was really worried. I worried that he couldn't understand and anxious to get sick. After a few months of campus life, he made great progress. He said that the school had special language teachers who gave him lessons alone. Every time the principal saw him and asked him how he felt: "Have you ever been okay?" The class teacher also guided him to encourage him from many aspects. So Eric is very happy. He likes this school. He went to school very early every day. I feel that everything is warm! Thank you very much!

Eric's mum – Adie

Thank you
 When we come to this strange country. When Eric arrived at this strange school. Everything is strange. I was really worried. I worried that he couldn't understand and anxious to get sick. After a few months of campus life, he made great progress. He said that the school had special language teachers who gave him lessons alone. Every time, the principal saw he and asked him how he felt: "Have you ever been okay?" The class teacher also guided him to encourage him from many aspects. So Eric is very happy. He likes this school. He went to school very early every day.
 I feel that everything is warm!

Thank you very much !!!

*Eric's mum – Adie
 Sunday, 27 January, 2019*

Letter from Home – Gratitude for Care

My name is Sam and I am a parent of four children, including a child with special needs.

My second youngest is 6 years old and is now in school. One of the hardest decisions we had to make was deciding on a school that would best meet my son's needs. As a mom, I was so concerned for his safety, but after only a few weeks at Casorso Elementary, I knew that it was one of the best decisions I could have made for him. The staff has been so supportive of us, of him, of his needs and cares. They also have been so patient with me, allowing me to come into the classes to talk to the kids about my son. They showed me how much they care about him and that they also want him to be accepted and successful here at his new school.



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Quatre semaines dans un nouveau pays

*Bridget Jolly,
Grade 10,
Kelowna Secondary School*

Comme élève de la dixième année, j'ai eu la chance de passer un séjour en France, dans la belle ville d'Annecy. En entendant cette opportunité, j'étais captivée. Après à peu près un an d'attente, finalement je suis partie. Quatre semaines dans un nouveau pays, le monde était à moi. La première semaine était remplie de nouvelles expériences, de nouveaux amis, et bien sûr c'était fatigant. Moi et ma meilleure pote avons adapté très rapidement à notre classe, les élèves français étaient vraiment sympas et chaleureux. Le voyage était rempli de camping, de ski dans les Alpes françaises, ainsi que

l'excellente nourriture française (je ne veux même pas savoir combien j'ai dépensé sur les tacos de maison). J'étais chanceuse d'avoir l'occasion de visiter Paris en même temps, c'était incroyable, malgré l'odeur. Entre les cours, le shopping, les amis, et les petites balades mignonnes en vélo, c'était même plus incroyable que mes rêves. La culture française, n'était pas trop compliquée, si vous êtes préparé à éliminer votre espace personnel. La journée la plus horrible surtout, était notre dernière. Je hais les adieux, surtout ceux qui se passent tôt le matin et à l'aéroport. Il y avait pleine de tristesse, et beaucoup de souvenirs. C'est extrêmement difficile de partir après d'avoir fait des amis pour toujours. Je n'oublierai jamais mon expérience.



De beaux temps passé à Paris.

I'm Looking Forward to...



*Annalynn Park,
Preschool Learner*

In Kindergarten, I am looking forward to learning about caterpillars, animals and how to write letters. I want to write stories about beautiful princesses with beautiful dresses. I want to play with new kindergarten friends.

A Life-Changing Experience

Sophie Everest, Grade 11, Kelowna Secondary School

This past year, I took part in a six-week-long exchange between students from numerous secondary schools in Central Okanagan Public Schools and students from various towns in the southeast of France. During the fall, the French students came to Kelowna and experienced life in Canada and later, in the spring, we travelled to France. Both of these opportunities were life changing for me because I was able to fully immerse myself in a different culture while also seeing my own from a brand-new perspective. I learned a lot about myself but also the world outside of Kelowna. This exchange will forever be a valuable experience and I know that I will never forget it.



French Exchange School – École Lycée Berthollet, Annecy France

Art In Action!

*Clara Van Benteim, Grade 10,
Mount Boucherie Secondary*

Title/medium: untitled, acrylic on paper

Artist statement: This painting for me talks about the beautiful things around us that we take for granted. It takes everything around us to make a community.



French Immersion Cultural Events

Raelyn Larmet, Vice Principal, École Dr. Knox Middle School

Central Okanagan Public Schools was proud to host two amazing French Immersion cultural events in May. The first event, “J’aime ça,” was held on May 2nd for all Grade 4 – 6 French Immersion students. It was an opportunity for students to have fun in French and learn different aspects of the Francophone culture. Several students from École Belgo Elementary School were asked what their favorite activity of the day was and they all responded, “Eating the crepes!” Grade 5 student Kieran Ovelson explained in French that we are a bilingual country and it is important to celebrate our French language.

The second event “Faisons un boeuf” was held on May 13th for all Grade 7 – 9 French Immersion students from École KLO Middle School and École Dr. Knox Middle School. For this fantastic event, a variety of students from both schools performed air bands to French music. Our students were engaged, laughing, celebrating, and singing. The Grade 7 students from Dr. Knox shared that the event was well organized, really fun and that they enjoyed listening to original French music. They also enjoyed having both schools come together and celebrate in French.

Both events were a success and a huge thank you at all the teachers and administrators who were involved in planning these opportunities. Vive le français!

I'm Looking Forward to...

*Carina Kramar, Kindergarten,
Raymer Elementary*

In Grade 1, I am looking forward to learning new things and to being able to read books by myself!



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Someone Who Inspires Me

**Ebe Johnson, Grade 6,
French Immersion,
École George Pringle Elementary**

The someone who inspires me is Milena Konte. She inspires me because she's so fun and smart. I also love her hair and how long it is. She always has the brightest smile that makes you want to smile too. I don't think I've ever seen her without that smile. Milena is inspiring because she is beautiful and kind.

La personne qui m'inspire le plus est Milena Konte. Elle m'inspire parce qu'elle est drôle et intelligente. Elle a le plus beaux sourire, qui est contagieux. Elle porte toujours son sourire. Milena est intelligente, passionante, gentille, et jolie.



Milena

Ebe

I'm Looking Forward to...

*Memphis Jamieson, Grade 1,
Oyama Traditional School*

In Grade 2, I'm looking forward to being in a new classroom, learning more about reading and math, and making new friends.



Art In Action!

*Goldie Webb, Grade 10,
Mount Boucherie Secondary*

Title/medium: untitled, acrylic on paper

Artist statement: Artists never really work alone, we work in community. My influence has always been Monet. This is my tribute to Monet.

I wasn't too excited about how it turned out but my teacher loved it!



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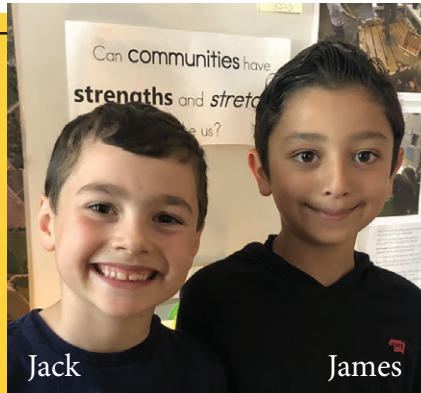


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Someone Who Inspires Me



Jack

James

Jack Driscoll, Grade 2, École Dorothea Walker Elementary

James helped me learn that everyone is different because he trusted me and he was caring about me. James told me it is ok to be different. It is important to be different and unique and James taught me this.

I'm Looking Forward to...

Charlotte Field, Grade 2,
Mar Jok Elementary

In Grade 3, I am looking forward to learning more about jewels and about how jewels got their name. I'm learning about birthstones in Learning in Depth, and I like learning about how they are formed. I am really excited about meeting new goals like adding interesting details in my writing.



District Student Council Dodgeball Tournament

Logan Braun, Grade 12, George Elliot Secondary

Dodgeball – a sport of champions! On May 9th, the District Student Council hosted our 3rd annual DSC Dodgeball Tournament at KSS. All the proceeds went to the Central Okanagan Family Hub, a community resource based out of Pearson Road Elementary that helps families connect to local services.

The Family Hub is at risk of shutting down next year if they don't raise \$100,000 very soon. The Council heard about this and felt the need to take action. We encourage all students in Central Okanagan Public Schools to take action too! Check out the Family Hub online, and spread the word about this vital community resource. Congratulations to OKM for winning the tournament!



Art In Action!

Michael Papequash,
Grade 12,
Mount Boucherie
Secondary

Title/medium:
Migizi – Tree of Life,
watercolour and ink
on paper

Artist statement:
The tree shows that we are all connected and the eagle, Migizi in Ojibwe, is my personal symbol.



Art In Action!

Elena Schimmann,
Grade 10,
Mount Boucherie
Secondary

Title/medium:
untitled, acrylic on
paper

Artist statement:
I wanted people
to know that you
have to work hard
to get good results;
you can't expect
things to turn out
well if you don't
put in the effort. I
worked really hard
on this painting,
especially the
colour mixing and
colour blending.

Loved it!



I'm Looking Forward to...

Tyson Keys, Grade 3,
Hudson Road Elementary

In Grade 4, I'm looking forward to solving some challenging math problems and learning about interesting topics in Social Studies. I love basketball and next year I might join cross-country running at my school.



Someone Who Inspires Me



Liam

Aleksander

Liam Woods, Grade 1, Black Mountain Elementary

Aleksander inspires me because he is nice and kind. He helps people in our class all the time. Aleksander was my reading flashcard coach. I learned my flashcards because he helped me with my tool sounds every day. Now I know all my flashcards. Thank you Aleksander for being my friend and my coach.

Operation Take Two

Keneisha Charles, Grade 12,
Rutland Senior Secondary

From a simple project to a burgeoning social and environmental movement, Operation Take Two sets an example of what passion and youth leadership can accomplish. Operation Take Two is a youth-led social enterprise revolutionizing the global issue of waste by empowering communities to turn their trash into treasure. It does this by packing all the machines and tools needed to recycle plastic waste into a repurposed shipping container. With this, student volunteers will be able to transform plastic waste normally sent to landfill into practical, one-of-a-kind items such as plant pots, 3D printer filament, and reusable grocery bags. Through the sale of these items, they generate a profit that not only ensures the project's sustainability, but also allows them to expand the project to

new cities and invest in other community youth-led initiatives. In this way, they equip young people with valuable social and entrepreneurial skills and create a self-sustaining community hub for youth-led creativity, education, and empowerment. A small team of Rutland Senior Secondary students have been developing the project since 2017, collaborating with 13 community groups including the University of British Columbia Okanagan Campus School of Engineering and the Okanagan College Enactus Club. They also received corporate sponsorship from Big Steel Box to supply their state-of-the-art workspace, bringing the project's total to over \$40,000 in grants, donations, and in-kind donations. The project began making waves beyond the Okanagan when in early May the team spent a day in Toronto on the set of CBC's hit reality show Dragons'



Den following a successful audition in Kelowna a month earlier. After a nearly two-year journey, the project

is close to being operational, with a grand opening set for June 4.

TEDx Youth @DoyleAve

Congratulations to the Central Okanagan Public School students who shared their ideas at the event. Here are some excerpts from some of their talks. Videographers recorded and live streamed the talks for public viewing. The official TEDxYouth website will post edited videos of the talks in the coming weeks so they can inspire viewers from around the world for years to come. View TEDxYouth@DoyleAve videos from this year and last online at www.tedx youthdoyleave.com.



Alex Harte, Grade 11
Kelowna Secondary
School

The Power in Vulnerability

- Being vulnerable allows you to reclaim your story.
- Being vulnerable allows you to make meaningful connections with others.
- Being vulnerable allows you to become the person you needed to see when you were younger.

"Being vulnerable has allowed me to reclaim and be at peace with parts of myself and my story that previously tormented me. It has allowed me to build meaningful relationships based on genuine connections. My vulnerability has allowed me to show compassion for my past self by ensuring that others will be able to see someone like them. And here I am. On a stage I never dreamed of standing upon. And I'm terrified. Terrified that someone will see this talk and think of me as lesser. Terrified that someone will see this and use my vulnerability against me. But I wouldn't change a single word, because this is the most free I've ever felt."



Jordan Cuthbert
Grade 12, Mount
Boucherie Secondary School

It's Time to Stop Holding Yourself Back

"I realized, I began utilizing my past as a tool. I had this chance at the hero's story. The dramatic downfall of the hero and when they're at their weakest now faced with the decision of whether or not to give up or rise up and I chose to rise up. But the hero's story does not belong to me. That is our story..."

It's time to teach that we always have the chance to be something more; because I will go out kicking and screaming before I let my past define me. Our pasts are not all we will ever be. They simply show us how far we've come and how far we will continue to go."



Charlotte Ford
Grade 9
George Elliot
Secondary School

It's Time for an Empathy Revolution

In Canada at least 1 in 3 adolescent students have experienced bullying recently. This means in a classroom of thirty kids, 10 are struggling with some form of bullying. We need to do better.

We need to start implementing learning of empathy and inclusiveness, and understanding ways to check yourself for falling back into negative behaviours such as bullying.

I have hope for a world where bullying, violence, and hate are not becoming an accepted part of our culture. I have hope that by teaching proper techniques to deal with insecurities and toxic thought patterns, we can create a harmonious world that has less hate in it.



Hailey Lewis
Grade 11
Kelowna Secondary
School

The Power of your Words

- Speaking in slam, Hailey demonstrates just how powerful one's words can be and the importance of being wise with your voice.

We think it's so far away when it's right at the door

We choose to ignore

This pain society just doesn't adore

The differences that we fought in wars to embrace

The human race needs to stop moving at such a fast pace

And right the music that we all have to face

So the next time you go to judge someone, ask them about their story first because everyone's got one.

I'm Looking Forward to...

Rylie Cossitt, Grade 4,
Quigley Elementary

In Grade 5, I am also looking forward to making new friends. I think Grade 5 is going to be cool because we will be the oldest in the school and get to go on an awesome year-end field trip. We also get to design our own hoodies.



explore the power of imagination.

ARTS BLAST

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THINKING, RE-THINKING, AND THINKING AGAIN

I made a pop-up book about the nervous system. It has pages like fun facts about the nervous system and the other systems that it works with, a page about amnesia, and details about the parts of the nervous system. I also created an electronic survey on the iPad that you can take after you read my book. I was just going to make a normal book, but I thought that wouldn't be as fun or interesting, so I thought of doing a pop-up book. It took a lot of tries to get multiple pop-ups into the book, I have parts that pull out, pages that

extend and pop-ups, so it took a long time to get the perfect one. First I made a survey about what project I should do, and then I made a survey about the project that asked questions like "what was your favourite part?" and "how can I improve my book?" Doing this project taught me about the nervous system, but it also taught me that a project takes more than one try. I set goals to reach as I go along, like a checklist. My

original idea changed completely because I was at first going to do a 3-D puzzle, then a non-fiction book, then I thought I could do a children's book. My book has a table of contents that says the parts with a green border are for adults and the parts with a pink border are for kids. That way parents can read the harder parts to the kids and the other parts are bigger for the kids to see. I like presenting at the Expo of Awesome and having people tell me about my project. One little girl told me that it was really cool but that maybe I could add more pages, so next time I'll add more pages.

Lilah Kim,
Grade 6,
Raymer Elementary



THE EXPO OF AWESOME: A SHOWCASE OF STUDENT LEARNING AND AWESOMENESS

DESIGN THINKING & INQUIRY



SCRATCH ARCADE

COLLABORATING TO CREATE

Our game is called Nano Blasters. We had to make our own game and we had the really good idea to become partners. Our game had to be educational, so we thought about how teachers are always telling you to use "juicy" words, aka voice, in your writing. Sometimes it's hard to improve that, but hopefully with this game it's easier. We learned that there are better words to use than just simple ones. We took turns designing our game characters and we learned that collaborating with a partner is easier and way more fun than just doing it by yourself. Learning to code helps you think

about what goes into the video games that you play every day and it helped us realize that we could someday make our own games.



Ebany Blake (left) and Jordyn Knutsen,
Grade 5,
Pearson Road Elementary

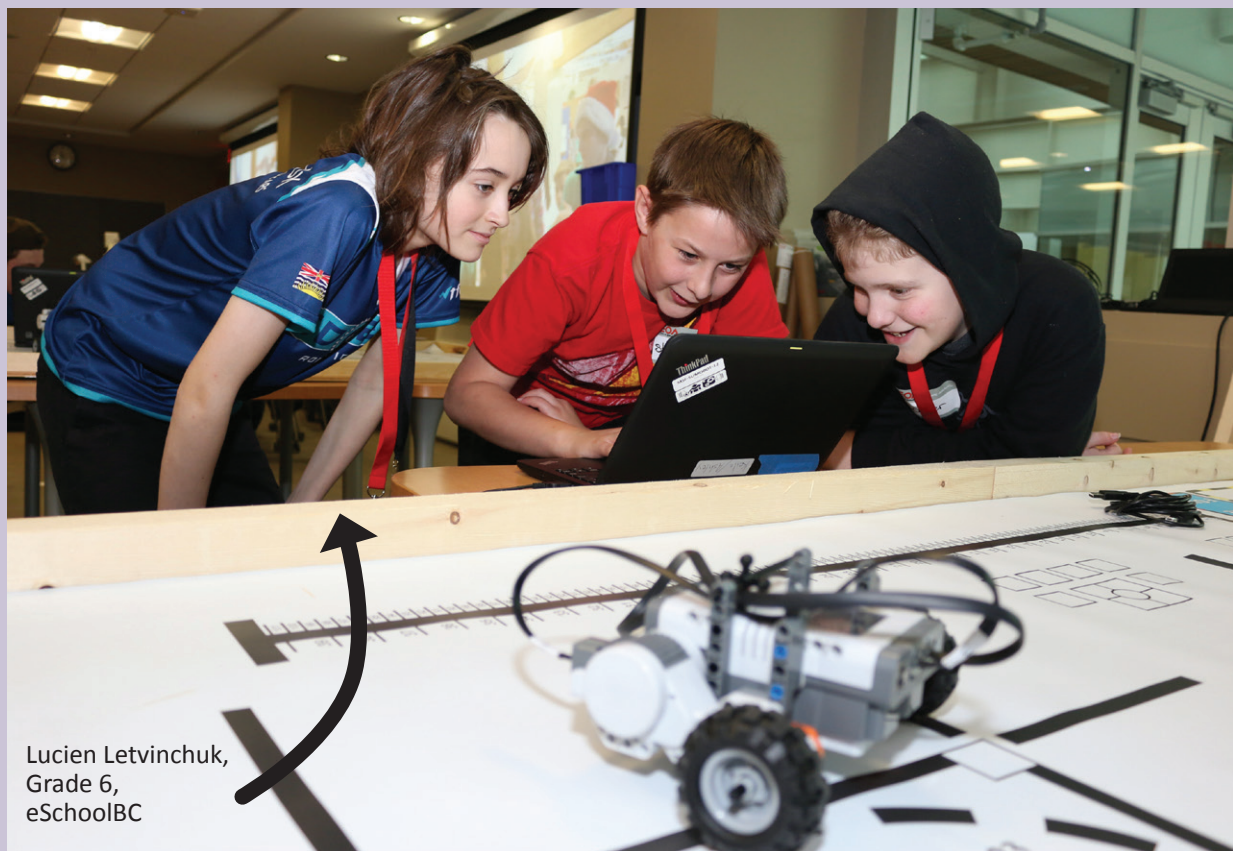
EVENT SNAPSHOTS



LEARNING TO CODE

I started doing SumoBot in February of last year. I just really enjoy doing it since it's something to get me out of the house and it's a fun experience because once you know how to do it, it's really fun just tweaking it slightly to see how it affects how you do in a competition. I learn how to code, and simple programs, I also learn a bit about gears and how much one rotation of a motor will affect how the bot runs. The competitions are just a great atmosphere, I love the aspect of how you get into a final and half the school is cheering for one team and half the school for the other. It's also really fun to see how you do and to learn from your competitors, like, what you could do next time. I want to use coding in my job, I want to be a computer programmer, whether it's games or really cool software, and this is just something to get me started.

SUMOBOT



Lucien Letvinchuk,
Grade 6,
eSchoolBC

TEDXYOUTH

GUARDIANS OF THE GOOD

I'm talking about my initiative idea called Guardians of the Good, which is essentially a task force of youth that's supposed to involve and engage youth in the community and with other generations. The main goal of my topic is involving youth in the community and addressing the disconnect between generations. Often youth get stereotyped that they are disinterested or indifferent to a lot of situations happening. I feel like that mostly comes from us feeling that older generations don't hear or listen to us, but at the same time, we do act flippant sometimes. I think that older people see that and there's a misunderstanding where both sides feel that the other isn't listening or understanding. I want to kind of break that ice and get a discussion going between generations on how we can move forward. The collaboration at TedxYouth has been interesting. Talking to other youth

and hearing different points of view, I find is very powerful. It's improved my public speaking, it's gotten my confidence up, just saying what you want to say and being heard. I've learned that I'm very opinionated, but I've also learned how to take my mentor's advice and reorganize my thoughts into the most powerful way of saying something. I like sharing ideas and teaching it to others, it just feels really good.



Yvonne Wood,
Grade 11,
Okanagan Mission Secondary



TEDx Youth @DoyleAve

Congratulations to the Central Okanagan Public School students who shared their ideas at the event. Here are some excerpts from some of their talks. Videographers recorded and live streamed the talks for public viewing. The official TEDxYouth website will post edited videos of the talks in the coming weeks so they can inspire viewers from around the world for years to come. View TEDxYouth@DoyleAve videos from this year and last online at www.tedxouthdoyleave.com.



*Theresa Schwab
Grade 12, Rutland Senior
Secondary School*

Stop Striving to "Normalcy"

"...we all focus so much on what makes us different and not enough on what makes us the same. And that's because of misunderstandings of what normal is, about what beauty is. We've put so much pressure on everyone to be perfect to be beautiful and at some point our definition of beauty never really allowed people to be different or to accept differences in people..."

Silence has become the most dangerous tool...and it's time to stop using it. It's time to find others to relate to, to find the people around you who are going through the same thing. Because while the definition of beauty may look as if it is never changing, it is...the true definition of normal is diversity."



*Kaitlin Smith Grade
12, Mount Boucherie
Secondary School*

Why is it so Hard to Love Yourself?

How I see myself has been shaped by powerful societal influences. These influences whispered to me, and told me who I should be and what I should look like. All the while, I didn't even realize that I was listening so closely to these whispers.

When my anorexia was at its worst, I was confined to a hospital bed and the only thing on my mind was how could I lose more weight. I became a statistic. I was killing myself to try and feel worthy. Why me? Why was I so easily convinced that I had to change myself?



*Trey Sutherland
Grade 4, Shannon
Lake Elementary
School*

Being a Foster Brother

"What if I also had to worry about who was going to be taking care of me? Where I was going to be sleeping that night? Will they have the food I like? Are there other kids at this place? Am I going to see my parents again? How many times will I have to move?"

Some kids come into foster care because their parents ask for help. This could be due to illness or family issues. It could also be that these kids are mistreated or abused. Some parents struggle with drug abuse.

The amount of children needing our help has increased while the number of foster homes has decreased. Coming up with a safety plan can be tough because of the lack of foster homes and elimination of group homes. This has led to an over-filling of current homes without an increase in support, which affects the care for these children."



*Yvonne Wood
Grade 11
Okanagan Mission
Secondary School*

Guardians of the Good

There's power in ideas and greater power when you make them reality. Power is simply the ability to engage and influence people to make a change. I want to give that to my fellow youth.

I had this idea of a youth task force. A task force meant to mobilize and engage youth in the community. My goal with this task force of youth is to create a community which depends on each other. To show older generations that they can lean on their youth for help and strength. That youth can help their communities not only physically but also emotionally.

Rarely are youth asked about their opinion and what they think should be done to move forward, creating that disconnection between generations. Youth need to be given the space to form and voice our own ideas. Youth need the chance to express themselves and take action.

I'm Looking Forward to...

*Scarlett Coulas, Grade 5,
Helen Gorman Elementary*

In Grade 6, I am looking forward to meeting new teachers and being able to explore and try out new things. I'll be able to meet new friends and try sports I've never tried before. I can learn how to play different kinds of music and how to create unique things.



Great Futures Start Here!
41 locations throughout the Okanagan!



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- Before School Programs
- After School Programs
- Year-round Rec Programs
- Youth Programs
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Contact us for more information!
www.boysandgirlsclubs.ca
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E: info@obgc.ca



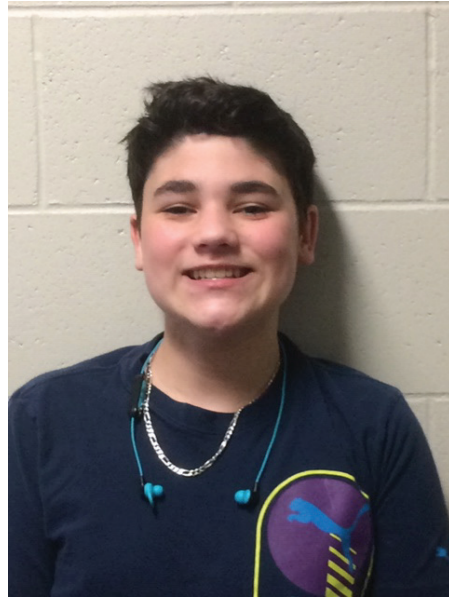
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New Academies for Fall 2019

Pre-lifeguarding Academy

*Jordin Scott, Grade 9,
Rutland Senior Secondary*

The Rutland Pre-lifeguarding program sounds amazing! So many great things can come out of it, for example, the opportunity to meet new people and gain valuable skills I can use in the future. I feel like the program is a great way to build a career path. Growing up with an Aboriginal background, I have been to lots of Gatherings where we discussed the wellbeing of other people. With this program, I feel like I will get the skills I need to help other people.



Volleyball Academy

*Samantha Payne,
Grade 11,
Mount Boucherie Secondary*

I really love the idea of a Volleyball Academy. I will get to train with my friends and new people. It's a great experience for me to play with tough competition along with having fun. I am a middle blocker on any team I play for, but in Academy, I won't have to only hit middle; I can hit power, serve, and pass. On volleyball teams, I don't pass and I am never in serve/receive so I don't get a lot of passing reps in but I will get to pass and get better at it in Academy. This is a great chance for everyone to play with different people who weren't on their club teams and see different coaching styles. I totally look forward to being a part of Volleyball Academy next year!



Samantha (right), and her teammate Kenedi Woodcox show their game faces.



I'm Looking Forward to...

*Kenton Wood, Grade 6,
North Glenmore Elementary*

In Grade 7, I am looking forward to math, art and using technology. I am also looking forward to meeting new people in Grade 7, and having an easier walk to school. Grade 7 is going to be amazing!



Someone Who Inspires Me

**Brock Campbell, Grade 7,
Rutland Middle School**

As a Grade 7 student, high school can seem very intimidating and far off. I have been lucky to become friends with a Grade 10 RSS student, Reese Gwillim, through Aquajets swim club at the Kelowna YMCA (Go Jets!). Reese is a kind and hardworking guy. He inspires me to work hard until I sweat rivers and almost pass out. He is really kind to me and we talk a lot about how to improve ourselves as well as superhero shows. Reese is a role model for me.



ENGINEERING SUMMER PROGRAMS

UBC's School of Engineering hosts a variety of summer programs for high school students



DiscoverE

The DiscoverE Program is intended for students who would like to learn more about engineering. Students can participate in a week-by-week program that exposes them to design processes through civil, electrical, manufacturing, and mechanical engineering projects.

Stewards in Engineering Education (SEED)

The SEED program is designed to promote a strong interest in research. If selected, following the application process, students will participate in cutting-edge research projects at UBC's Okanagan campus for a one-week period in the summer.

Web: engineering.ok.ubc.ca/programs-admissions/outreach-programs
Email: engineering.okanagan@ubc.ca



THE UNIVERSITY OF BRITISH COLUMBIA
School of Engineering

New Opportunities for Fall 2019

Music in Cultural Studies

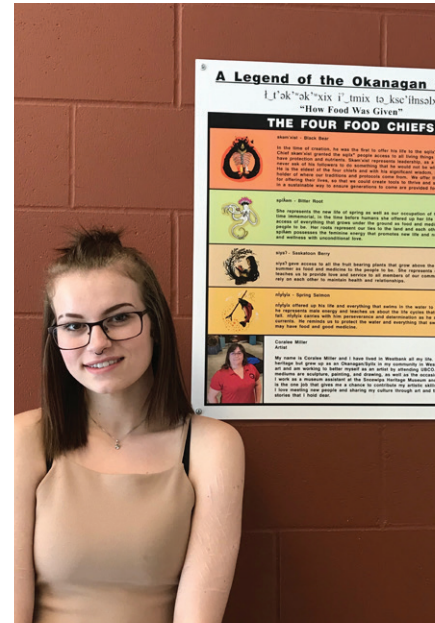
Adrianna Balic, Grade 10, Okanagan Mission Secondary

Not all students learn the same way. Individuals' strengths may be through academics, while others may be via artistic avenues, like music. Through performing, not only are we educating ourselves with the diversity of cultural music, but we are also educating the listeners, the people with whom we are fortunate enough to share our passion. As a band student at OKM, I personally feel incredibly fortunate to have the opportunity to learn about the link between music and my Croatian heritage.



Indigenous Leadership Academy

Marina Smid, Grade 11, Kelowna Secondary School



I am ecstatic to start this new Indigenous Leadership class, as it focuses solely on Aboriginal culture. Being surrounded by teens like me, whom I can connect with on a deeper level and in different ways, is extremely important to me. I believe this class will be a great opportunity to do so. Having Aboriginal advocates present and participating in the class also makes me feel more connected, as I can relate better and feel comfortable with all topics of discussion. I am excited for these classes because they will cover and go into depth about the many positive aspects of Aboriginal history and culture, specifically our own local Okanagan nation. I am eager to learn directly from the land and to have the opportunity to give back to my community. I am more than delighted to be a part of this new Indigenous Academy,

and I am confident that it will be an enlightening and welcoming experience for everyone who participates.

I'm Looking Forward to...

Nazar Reshetov, Grade 7, Springvalley Middle School

In Grade 8, I'm looking forward to being a WEB leader because I want to welcome the new Grade 6 students and help with all the fundraisers. I'm also excited about metal work class because we are making metal shields. Overall, I think Grade 8 will be the best school year yet.



Opportunities Grow.



Apply for the B.C. Training and Education Savings Grant

Sign up for a RESP today and apply for a \$1,200 grant from the Government of BC. For more information visit www.gov.bc.ca/bctesg



Someone Who Inspires Me



Alex Miller, Grade 4, École Casorso Elementary

My brother is awesome because he tells me funny stories and inspires me to tell funny stories too. He also inspires me to be a better soccer player.

Mon frère est fantastique parce que il raconte des histoires drôles et m'inspire à raconter des histoires drôles aussi. Il m'inspire aussi à être un meilleur joueur de soccer.



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Principal's note

Jim Laird, Principal, Canyon Falls Middle School

I am fortunate to have the most exciting job in the school district! I have the opportunity to collaborate on this journey with learners, parents and guardians, educators, my vice-principal, and the community to create a truly great middle school where learners are at the center of all we do. I look forward to this amazing challenge. Most importantly, I

look forward to working alongside amazing educators to foster learner agency and passion so our children master curricular understandings, transfer their learning to new contexts in creative, engaging ways, and develop their identities as powerful, lifelong learners. It is going to be an amazing future at Canyon Falls Middle School!

I'm Looking Forward to...

Liam Sisson, Grade 8,
Okanagan Mission Secondary

In Grade 9, I'm looking forward to opportunities to meet new people, learn new things, and build on my leadership skills. In the next school year, I would like to continue to participate in the Sustainability Club and volunteer at my school.



New School for September: Canyon Falls Middle School



Reese Sanders,
Grade 5,
Chute Lake
Elementary,

Many things make me excited about going to Canyon Falls. I look forward to having lockers, switching classrooms, and new teachers. We will be in a new place, newly built. It will be neat that all the students will be near my age. I will meet new classmates coming from different schools. Everybody will be new, not just the youngest Grade. These are just a few of the many reasons I'm excited for the new middle school.



Joe Cronin, Grade 5,
Anne McClymont
Elementary

It has been an amazing six years in Elementary School. Even though I'll miss Anne McClymont Elementary, I'm looking forward to going to Canyon Falls Middle School. The thing I'm really looking forward to in Middle School is music. I can't wait to express myself and learn new instruments in band. Also, I'm excited for cooking new stuff in cooking classes. I am thrilled about middle school!



Caitlyn Bertetic, Grade 6,
École Dorothea Walker
Elementary

I'm looking forward to the independence I will have next year, like having the responsibility to go to different classes and being able to move around at breaks. I'm excited to have different classes and to be able to socialize with lots of teachers. I'm looking forward to having the extra things that we don't have at elementary school, like woodwork and cooking. I'm pretty excited to go!



Designed for 21st Century Learning, Canyon Falls Middle School hosts a series of interdisciplinary learning communities where groups of learning studios open into a large collaborative maker space for the students to share their ideas with each other and collaborate to generate new ideas. Learning communities on the first level open onto the outdoor learning spaces so

students can collaborate outdoors and connect with nature. Spaces are multi-functional to maximize their potential, including a stage in the atrium to transform a circulatory and casual space to a learning place for plays and presentations. Similar informal and multi-functional learning spaces are throughout the school to enhance the learning community. Our

three-floor building, containing a geothermal heating system, covers 8240 square meters, has sixteen learning studios, six maker spaces, an Art studio, a Foods studio, a Tech Ed studio, Drama studio, Music studio, and a beautiful gym facility.

Wise Words: How and Why We Will Unplug This Summer

Going Unplugged for the Summer with Black Mountain Elementary's Grade 4/5 Learning Community

Students share Wise Words and build their collective knowledge within a group setting. Wise Words honour student voices and share knowledge to gain deeper understanding of concepts on a given topic. Students make connections, reflect, and learn from each other while sharing their thinking. Others' ideas inspire deeper thinking among learners.

How to unplug:



Olivia: Waterparks with my family, bike rides, and playing in the sprinkler.



Taylen: Trampoline with my siblings and dad, invite friends to play on the climber and in the sandbox, reading and biking.



Emma: When you are on your phone, you aren't outside in fresh air.



Kaitlyn: When you are on your phone, you aren't communicating in person.



Mataya: Play sport games with my family at the park, go for walks at Mission Creek.



Oliver: Swim at my friend's house, play tag at the park, play hockey at Ty's house, play soccer.



Tristen: Spending too much time on a device makes you feel stressed out and sometimes, cranky.



Aeman: Being on a device takes away time you could be physically active.



Rosealie: Play in my dad's gym and work on gymnastic skills, go geocaching, take a nice walk and feed the ducks.



Alex: Fishing, gold panning, and inviting friends over.



Tanner: It's scientifically proven that it wastes brain cells and when you need to concentrate, you aren't able to.



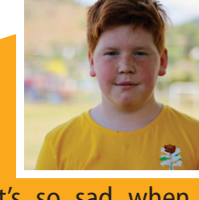
Emersyn: It looks funny when families are together and everyone is on their phone.



Cash: Drive RC's and go for long walks.



Ella: Go to the neighbours and play with their dog, camping, and playing with cousins.



Lucas: It's so sad when children have sports games and their parents are looking at their phones instead of their children playing.



Mya: When you are on a device, you don't pay attention to what's going on around you – it's very dangerous to look at your phone while walking or driving.

Art In Action!

Nikki Wilson, Grade 12,
Mount Boucherie Secondary

Title/medium: skemxist in the Sun, watercolour and ink on paper

Artist Statement: Skemxist is a symbol of strength and caring, the sun represents peace, and the pictograph bear footprints and sun acknowledge our Syilx territory.



I'm Looking Forward to...

Kaden Mills, Grade 9,
Rutland Senior Secondary School

In Grade 10, I am looking forward to knowing the school a bit better and not being the youngest! All of my courses will be semestered and I am looking forward to that change but also nervous because the courses move quickly. I am looking forward to meeting new people and making new friends. I have chosen to take cooking next year and that is a course I enjoy.



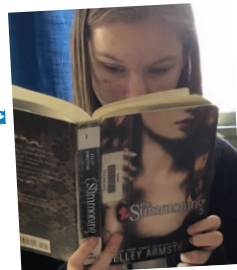
Book Recommendations!



Is That A Sick Cat In Your Backpack?

Sophie B., Grade 2, Ellison Elementary School

This book is about a boy who has a cat. The boy accidentally spilled cat nip all over the floor and the cat ate it. The cat got really sick, and now the boy is trying to help the cat. The book is really funny, and I like how the author made it cool!



The Summoning

Avalyn L., Grade 8,
Rutland Middle School

I would recommend this book because it contains adventure, paranormal stuff, and a tiny bit of romance. The characters Chloe, Derek, Simon, Rae, Tori, Liz, and Lauren are all cool. I really liked Simon, Rae, and Liz because they made me feel a part of the story. Chloe is sent to a group home for troubled teens because she can see ghosts. Here she meets other teenagers who become her friends and together they discover all their weird talents. This book had funny parts, and sad parts. It kept my interest all the way through.

Wings of Fire: The Lost Continent

Willow C., Grade 8,
Rutland Middle School

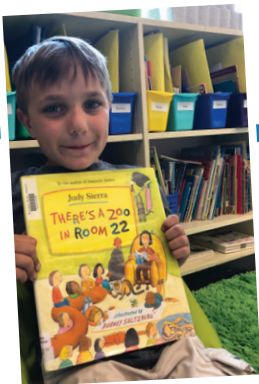
I loved this book series because it's funny, a little serious, and suspenseful all at the same time. When the main character, Blue, finds out he can be more than he is, the queen tries to go after him because she feels threatened. With the help of his friends, they steal an important book and uncover amazing secrets. I would recommend this book to anyone. This series got me hooked into reading!



There's a Zoo in Room 22

Nicholas D., Grade 1,
Ellison Elementary School

This book is about a teacher that brought in animals from each letter of the alphabet. The animals did tricks in the classroom when she brought them in. It was a funny story because the animals were doing funny tricks! For example, they brought in a monkey and it swung on the branches in the class. The book makes you think the animals are in the class but they are really in the book!



Dork Diaries

Raven R., Grade 4,
Ellison Elementary School

This book is about a girl named Nicki who is in middle school. Nicki has a big crush on another student named Brandon, and they are really good friends. Unfortunately, there is a bully at her school, and the bully is trying to ruin Nicki's friendship with Brandon. I love books with drama in them, and this book has a lot of drama!



Civil War on Sunday

Emily E., Grade 3,
Ellison Elementary School

Civil War on Sunday is about a drummer boy that got heat stroke when he was out fighting the war. They had to take him to a nurse's camp to help him get better. I really enjoyed this book because I was able to make a connection to it as some of my family have been in wars, even my dad.



WORD SEARCH

K H P G I O G O C R V N P B E
B N J E O C H Y A O N O U S Y
M R O W A I E I L O O S S U J
O Y T X K C L C Y L A T E N M
T H M I M T H N R D Q N S S I
S L N E R O A L V E I C S C S
L G I A L C U E A A A J A R S
U A I B A T N N T N L M L E I
A L M R R T S N T Q D W G E O
P F Y A U A U A Y A U G N N N
M M G R Y O R M C M I B U O C
C K E B M O J Y Z D C N S G R
G N I H C A C O E G N A F O E
B E N L E E P A R K J A O P E
H C A E B O R Y G Q C L S O K
H O B P S W I M M I N G Z P O
K R A P Y T I C I N C I P G G
L A K E U B O O K C L U B O N

- BEN LEE PARK
- BOOK CLUB
- BUS ADVENTURE
- CITY PARK
- GEOCACHING
- GYRO BEACH
- HIKING
- H TWO O
- ICE CREAM
- KNOX MOUNTAIN
- LAKE
- LIBRARY
- MISSION CREEK
- MOUNTAIN
- MYRA CANYON
- OGOPOGO
- OYAMA
- PAUL’S TOMB
- PEACHLAND
- PICNIC
- POOL
- RAILTRAIL
- SANDCASTLE
- SUNGLASSES
- SUNSCREEN
- SWIMMING
- YMCA

I’m Looking Forward to...

Tristan Hearn, Grade 10,
George Elliot Secondary

In my Grade 11 year, I am most looking forward to the basketball season. Basketball to me has been one of the most fun parts of high school and I can’t wait to play for my favourite coaches and teammates. It’s a fantastic experience and I am looking forward to the journey.



LOGIC QUESTION

House	1	2	3	4	5
Color					
Principal’s Name					
Drink					
Favorite Okanagan place (like)					
Pet					

- There are five houses side by side. Each house is a different colour. In each house lives a different high school principal, each with a unique pet, favorite drink, and favorite place for Okanagan summer fun
- Mr. White lives in the red house and drinks milk.
- Mr. Sieben owns the dog and lives in an ivory house.
- The person who drinks Coffee is in the green house.
- Mr. Alexander drinks tea.
- The green house is immediately to the right of the ivory house.
- The person who likes City Park owns snails and drinks milk.
- The person who likes the Rail Trail lives in the yellow house and has a pet fox.
- The person who lives in the middle house drinks milk.
- Ms. Weninger lives in the first house.
- The person who likes Ben Lee Park lives in the house next to the person with the fox.
- The person who likes the Rail Trail lives next to the house where the horse is kept.
- The person who likes Mission Creek drinks orange juice.
- Mr. Mckay likes the library (especially the summer reading club) and coffee (American Misto to be specific).
- Ms. Weninger lives next to the blue house.



Now, who drinks water? Who owns the zebra? _____



Someone Who Inspires Me



Caleb

Ryder

Ryder Cruikshank, Grade 6, École Peter Greer Elementary

My classmate Caleb Farthing inspires me to 'just be myself' because he is always proud of who he is no matter what. He always tells me that I am the best when I just be myself.

I'm Looking Forward to...

Cooper Bennet, Grade 11,
Kelowna Secondary School



In Grade 12, I'm looking forward to expanding my knowledge by taking a variety of different courses. I am also excited to participate in grad events, Air-Band and other extracurricular events around my school and in the community.

CENTRAL OKANAGAN PUBLIC SCHOOLS 2019/20 CALENDAR

Schools open.....	September 3
Administrative Implementation Day (revised curriculum).....	October 11
Thanksgiving Day (schools closed)	October 14
Teacher Professional Day	October 25
Remembrance Day (schools closed)	November 11
Schools close for Winter vacation	Friday, December 20
Winter vacation period (schools closed).....	December 23 - January 3
Statutory holiday (schools closed).....	Wednesday, January 1
Schools reopen after Winter vacation	Monday, January 6



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Please help support the Central Okanagan Food Bank's

SUMMER LONG FOOD DRIVE

We Need
Your Help!

Summer break means school is out, campers are packed, pools are open, and care free are the days but for many families in Kelowna and West Kelowna facing food insecurities, this is not even close to reality.

The daily struggles of trying to meet basic needs, such as providing food for children, can be a year round challenge and sadly it never takes a break - not even in the summer!

Please say you'll help feed our very own neighbours by dropping off one bag of food this summer at the Central Okanagan Food Bank. Together we can create a healthy hunger-free community, and ensure no child goes without food.



Central Okanagan
Food Bank

Most Needed Items:

- Canned Meats
- Canned Fruit & Veg
- Pasta & Pasta Sauces
- Mac & Cheese
- Peanut Butter
- Healthy Cereals
- Side Dishes
- Granola Bars

