

HEALTH PROMOTING SCHOOLS



Central Okanagan
Public Schools
Together We Learn

COMMITTEE MEETING

Thursday, May 8, 2025

SCHOOL BOARD OFFICE - Board Room: 4:15 - 6:00 pm



REPRESENTATIVES	COMMITTEE MEMBERS				
Board of Education	Lisa Guderyan		Wayne Broughton, alternate		
Indigenous Education	Christina Verhagen		Simone Gauthier		
arc programs	Cassy Lukey			Courtney Hannigan	
COPAC	Kristina Grant	Leslie Atwell		Camila Biffard	Nicola Baker, alternate
COPVPA	Robbie Franklin		Kevin Auclair		
COTA	Mary Hope		Lois Aeckersberg		Kevin Robinson
CUPE	George York			Jen Nethercote, alternate	
District Student Council (DSC)	Mila Kresina			Cadence Quigley	
HPS Coordinators	Andrea Locke			Alicia Kudryk	
Interior Health Authority (IH)	Virginia Bowman			Leah Perrier	
Child and Youth Mental Health (CYMH)	Ping Flynn			Elizabeth Lindsay	
Sexual Health Educators	Nicole Weremy	Leanne Woodrow	Karen Ellis	Jenny Rabinovitch	Emily Rice
District Staff	Rhonda Ovelson		Sherri Roche		Amanda Rich
Social Emotional Learning Team (SEL)	Renee Opperman, K-12				

MINUTES

1.	WELCOME & ACKNOWLEDGEMENT 1.1 Guests were introduced and welcomed: - Troy White, Tobias Blaskovits and Nicole Leboe – District Learning Technology Department Team - Land acknowledgement – time of the bitterroot- wellness paths initiative shared 1.2 Set Personal Intention(s) – Notice It, Name It, Nurture It – individual reflection and partner sharing Notice it: how are you feeling about tonight's meeting and topic? Name it: reflecting on personal experiences what aspect(s) of health is/are impacted by the digital world? Nurture it: what type of intention(s) might you set for yourself this evening knowing how you are feeling in regards to this topic? You're welcome to record this in your journal 1.3 Reviewed Meeting Intentions (taken from committee's terms of reference): - to act as a resource for and receive input from the school-based liaison(s) interested in health promotion - to assist in the implementation, review and evaluation of the District Health Plan - to commit to continuous growth and learning in regards to Health Promoting Schools research and practice - to represent constituent groups by communicating, educating and providing guidance to constituent members	Rhonda Andrea
2.	AGENDA 2.1 Adoption of May 8, 2025, Agenda Amendment to change order of agenda adopted by Mary Hope, seconded by Krinstina Grant	All
3.	MINUTES 3.1 Adoption of February 20, 2025, Minutes Adopted by Emily Rice, seconded by Virginia Bowman	All
4.	SUB-COMMITTEE ACTION ITEM(S) Meeting Intention: <i>to act as a resource for and receive input from the school-based liaison(s) interested in health promotion</i> 4.1 Wellness Clinics in Secondary Schools – Update - nurses on site twice a week in all secondary schools - It has been amazing, good for nurses to be back in schools, to be working with teachers, staff and students - received funding for health promotion in schools and students came with lots of questions regarding sexual health, immunization, health counselling, connections and referrals to community resources and services	Virginia

	○ You cannot be “literate” in today’s world without developing digital skills ○ Self-Awareness and personal reflection are important ○ Learning is social and shared conversations are essential ○ Learning needs to be embedded across all grades and curricular areas ○ We all have different beliefs and values ○ We all must take a shared responsibility in this learning APPLY Meeting Intentions: <i>to represent constituent groups by communicating, educating and providing feedback to the committee; role-modeling HPS principles and practices; and providing leadership and guidance to constituent members to support, participate and contribute to the business of the committee</i> 5.3 Forward Planning • Partners reflected on how to raise awareness and understanding around how to talk with children and youth about digital literacy and wellness – reflected on how to raise awareness around available learning opportunities for constituents	All
6.	ADJOURNMENT- • Reflecting on Meeting Intentions • Next Meeting Dates: ○ September 26th, November 21st, February 20th, May 8th and June 12th ○ June 12th Focus and Updates for the 2025-26 School Year	All