

Date: 2/11/2026 12:10:42 PM

From: Kristy Williams

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I am a: Parent/Caregiver

Message:

Good afternoon,

Yesterday's incident in Tumbler Ridge has shaken up a lot of parents and students all over BC. We are devastated and grieving alongside the victims' families. Our kids are scared to go to school. I'm sick to my stomach.

I recently watched American Tragedy on Amazon Prime, a documentary focusing on one of the mothers of the Columbine shooters. She now advocates for mental health education to be taught in schools because it's just as important as physical health education. I strongly believe in this too. I encourage you to watch this. And I am wondering how we can advocate as parents to have this added to our curriculum? Where do I start? I know I'd have hordes of parents on board to support this movement. I look forward to your reply. Thank you.