



## HEALTH PROMOTING SCHOOLS COMMITTEE MEETING

### "MINUTES"

Thursday, DECEMBER 5<sup>th</sup>, 2019

School Board Office – Board Room #1 @ 4:15 - 6 pm



<b>COMMITTEE MEMBERS</b>	= 17 present		
<b>Board of Education</b>	Norah Bowman	Julia Fraser	
<b>Aboriginal Education</b>	Crystal Prince, Indigenous Cultural Coordinator		
<b>ARC Programs</b>	Kristi Field, Counsellor		
<b>COPAC</b>	Cadre Simpson, Elementary	Valary Chidwick, Middle/Secondary	
<b>COPVPA</b>	Mike Kormany, Elementary	Robbie Franklin, Middle	Nina Ferguson, Secondary
<b>COTA</b>	Mary Hope/ Susan Bauhart, Elem/Middle	Lois Aeckersberg, Middle	Crystal Zaseybida, Secondary
<b>CUPE</b>	Margaret Varga		
<b>District Student Council</b>	Monika Bhatia		
<b>HPS Coordinators</b>	Janelle Zebedee	Tricia Penny	
<b>IHA</b>	Eileen Smith, COK Public Health	Valerie Pitman, Interior Health	
<b>Mental Health</b>	David Guthrie, CYMH		
<b>Sexual Health Education</b>	Nicole Weremy	Leanne Woodrow	Jenny Rabinovitch
<b>District Staff</b>	Vianne Kintzinger, Asst. Superintendent	Jodee Hermiston, Recording Sec.	

1. **WELCOME @ 4:15** *Vianne Kintzinger*
2. **AGENDA** "
  - 2.1 Adoption of DEC 5<sup>th</sup>, 2019 Agenda "
3. **MINUTES** "
  - 3.1 Adoption of OCT 3<sup>rd</sup>, 2019 Minutes "
4. **PRESENTATIONS**
  - 4.1 **Foundry Update** *Vianne Kintzinger*
    - Flyer & slides are attached, from Ben Macaulay, Manager
    - Running over 2 years now for young people aged 12-24 years
    - Excellent Community resource & collaborative partner for our district
    - Mobile Foundry coming soon – motor home, Spring of 2020
    - Access inside the schools is preferable – less conspicuous
    - After Summer fire, Central School stepped forward with space for providing services until early August
  - 4.2 **Update on Vaping** (Clip from Health Canada) podcast sent out recently *Tricia Penny & Janelle Zebedee*
    - See slides attached
    - Updating us as things have really changed in the last 1-1 ½ yrs
    - This is the info that is shared with students
    - Vaping percentage is high in the Interior of BC
    - Interior Health Authority has updated with Canadian info
    - Since Sept., our local ER has been monitored in Kelowna with a set protocol to follow
    - This data is explained and discussed with students
    - Vape juice is highly concentrated with nicotine resulting in a quick spike in concentration in the blood compared to smoking cigarettes

- Concerns with smoke pits and vaping in washrooms – second hand inhalation is a problem
- Black mold growing in vehicles of student who vape
- Students are talking more about 'not' vaping – we are hoping the harmful effects of vaping info is reaching them
- In schools, confiscation happens but students are rarely searched for cigarettes or vape equipment
- HPS Coordinators visit gr 5 classrooms – they are the target group
- BC has brought in provincial regulations
- Hoping for better attendance to PAC meetings for the Vaping presentations
- Parents are encouraged to watch vaping videos on their computer at home with their child

**5. 2019-2020 HPS ACTION PLAN UPDATE:**

- See slides attached to this email
- 17 students will be taking life guard training at RSS

*Tricia Penny  
& Janelle Zebedee*

**6. NEW BUSINESS**

- Good wishes for Vianne as she announces her Retirement as of FEB 7th
- Updating of free feminine supplies needed from Central Stores
- Contact with Ali ?

*Vianne Kintzinger*

**7. FUTURE PRESENTATIONS**

- 7.1
- 7.2

”

**8. FUTURE 2019-20 HPS COMMITTEE MEETINGS**

- APR 2** - 4:15 – 6:00 pm (SBO Board Room #1)
- JUN 4** - 4:15 – 6:00 pm (SBO Board Room #1)

”

**MEETING ADJOURNED: 5:50 p.m.**