

CROSS-COUNTRY SCHEDULE: 2025

Website: <https://sd23crosscountry.weebly.com/>

September 17 - Race #1 Mission Creek Regional Park

September 24 - Race #2 Knox Mountain (dropoff in Magic Estates)

October 1 - Race #3 Mar Jok Elementary

October 8 - Race #4 Quail Flume trails. Access from UBC-O. Note: This race is only open to Grade 9-12 athletes and exceptional Grade 8s (by invitation only).

October 15 - Race #5 Mission Sports Fields (by the Capital News Center)

October 21 - Valley Championships in the Penticton area. Exact location TBA.