

SD23 SEXUAL HEALTH helpful resources

Click an image below to access the website



CyberTip

Tipline for reporting online abuse



Emergency IUD

Information about local doctors who can insert an IUD quickly for emergency contraception



Elizabeth Fry

Support for survivors of intimate partner violence, child abuse, and sexual assault



erasure - Report It Tool

Link to anonymously report bullying or harassment to your school



Etcetera

2SLGBTQIA+ Youth Group



Foundry Kelowna

Youth mental wellness center



GQIC

Patient information about heavy periods and endometriosis



It's a Plan

Birth control decision guide



KGH Gynaecology Services Clinic

Abortion services in Kelowna



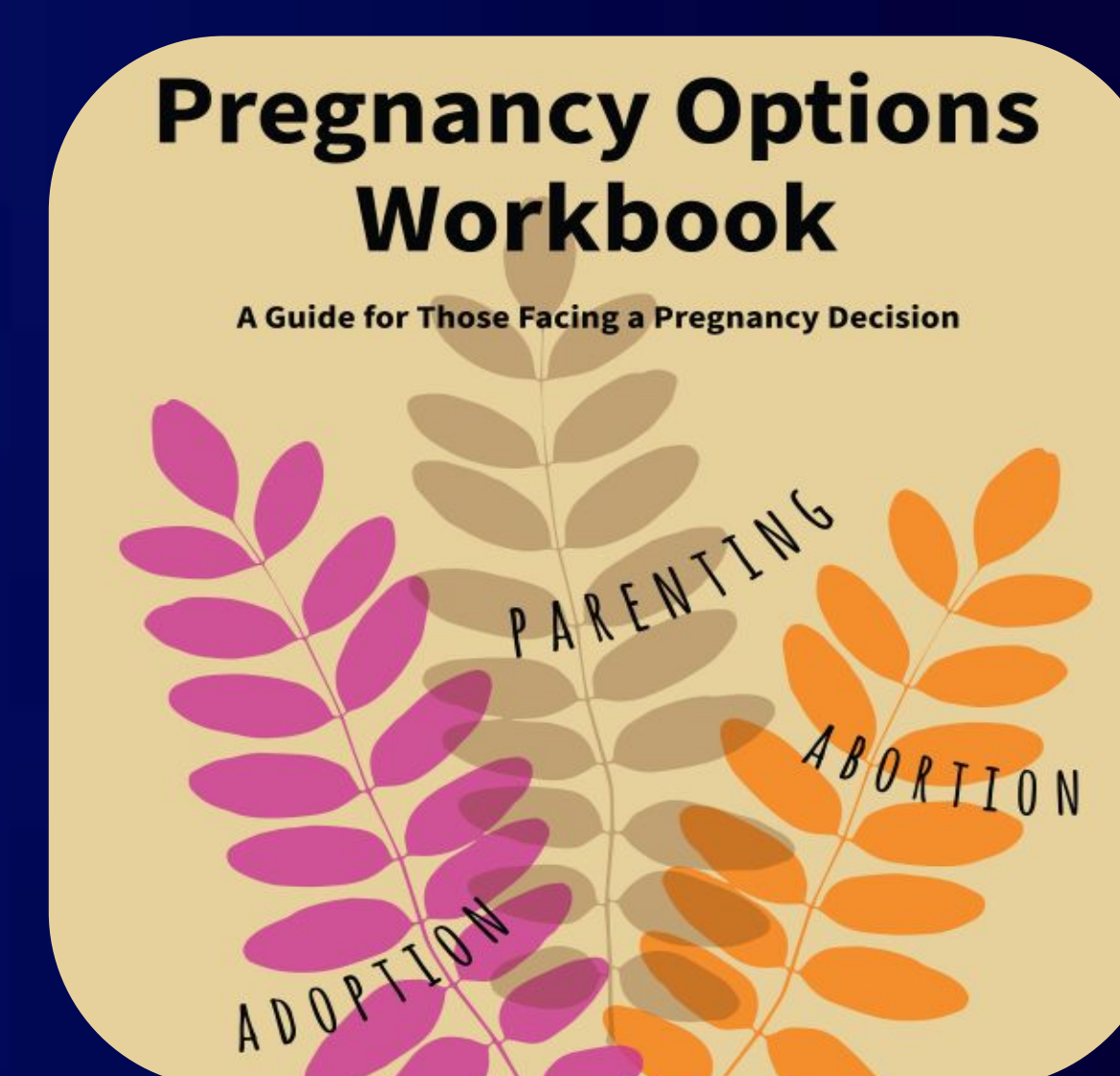
Need Help Now

Help removing sexual images from the internet and knowing your rights



Options for Sexual Health

Reliable, factual information about sexual health and contact information for the Kelowna Clinic



Pregnancy Options Workbook

A workbook to help you learn about all pregnancy options available



Scarleteen

Inclusive, comprehensive, and supportive sexuality and relationships info for teens and emerging adults



Telus Health

Access to telehealth (online) appointments with a doctor



Trans Care BC

Equitable and accessible care and information for trans people across BC



Young Men's Health

Carefully researched health information for young men

Helpful Phone Numbers

Health Info and Advice

8-1-1

LGBTQ Youth Line

1-800-268-9688 (call/text)

Options for Sexual Health

Sex Sense Line

1-800-739-7367

Kids Help Phone

1-800-668-6868 (call)
or 686868 (text)

Pregnancy Options Line

1-888-875-3163

Sexual Health Clinics

Kelowna Options for Sexual Health Clinic

Rutland Aurora Health Centre
102-285 Aurora Crescent

1-800-739-7367
(call for appt or drop-in)

Hours: Thursday 6-9pm

Sexual Assault Support

Elizabeth Fry Okanagan

Victim Services

Support line & general inquiries
250-763-4613 (M-F 8:30-4:30)

email: info.efry@coefs.ca
website: www.efryokanagan.com