

All Comers Meet #1 – Tuesday, April 16

Time	Event
4:45	800m
5:00	100m
6:15	1500m Racewalk

All Comers Meet #2 – Tuesday, April 23

Time	Event
4:45	Sprint Hurdles
5:40	3000m
6:00	400m

All Comers Meet #3 – Tuesday, April 30

Time	Event
4:45	200/300/400m Hurdles (Gr. 8-12)
5:40	1500m
6:10	4x100m Relays

All Comers Meet #4 – Tuesday, May 7

Time	Event
4:45	200m
5:30	Steeplechase (Jr/Sr)
6:00	4x400m Relays

Other Important Dates:

South Central Zones Meet: **Tuesday, May 14 (9:00am-6:00pm) Kelowna Apple Bowl**

Valleys Meet: **Monday, May 27 (11:00am-7:00pm) Kamloops Hillside Stadium**

Provincials: **Thursday-Saturday, June 6-8 Nanaimo**