



Minutes

Wednesday, October 3, 2018

Hollywood Road Education Services

9:00 am – 10:15 am

8:50 am Coffee/Networking
Welcome/Introductions
Confirmation of Agenda

COMMITTEE MEMBERS PRESENT:

Board of Education	Rolli Cacchioni – Trustee and Board Vice-Chair
City of Kelowna	Ryan Donn – Councillor Scott Isfan – Graffiti Prevention Coordinator
COTA	Susan Bauhart - President Lori Dawson-Bedard – First Vice-President
CUPE	David Tether
District of Lake Country	Penny Gambell – Councillor
COPAC	Sarah Shakespeare - President
Crime Stoppers	Gerry Guilteneane Lori Holland
RCMP	Fred Arnold – School Resource Officer Leslie Smith – School Resource Officer
District Staff	Kevin Kaardal - Superintendent of Schools/CEO Al Lalonde, Chair, District Principal – Learning Support Services Peter Molloy – Director of Student Support Services Jared Birkeland – Elem Principals, N. Glenmore Elementary Dave Cavezza – District Health & Safety Manager Dave Gibson – Traffic Safety Officer

REGRETS:

BrainTrust Canada	Magda Kapp
City of Kelowna	Dave Gazley – Bylaw Services Manager
City of West Kelowna	Rusty Ensign - Councillor
COPAC	Deannie Dacosta Zahara Cherylee Morrison
Kelowna Fire Department	Rick Euper
RCMP	Federico Angulo – School Resource Officer Sherri Lund – School Resource Officer
District Staff	Moyra Baxter – Trustee and Board Chair Lee Mossman - Trustee Curtis Schreiber – Middle/Sec Principals, CNB Middle Scott Sieben – Elem Principals, Ellison Elementary Gregg Weavers – District Health & Safety Supervisor

WELCOME

Al Lalonde welcomed everyone to the Central Okanagan Committee for Safe Schools and everyone introduced themselves.

- Reviewed some of the topics this group discussed from last year, and confirmed there are only 6 Safe Schools meetings for the year.

PRESENTATION / DISCUSSION

Ramona Sousa, Heather Csikos, Toni Jestadt **District initiative: Mental Health Curriculum.**

The Mental Health Literacy resources developed by Dr. Stan Kutcher to help staff to improve their understanding of mental health and wellness, and support the prevention and management of challenges, for educators, youth and their families. The mental health literacy resources, including Go-To Educator Professional Learning opportunities, are available at <http://teenmentalhealth.org/>. UBC has also partnered with Dr. Kutcher to offer 'Bringing Mental Health to Schools', <http://pdce.educ.ubc.ca/mentalhealth> a self-guided, online, mental health curriculum resource for Grades 8-10.

Ramona Sousa introduced the program.

- This week is Mental Illness Awareness week in Canada.
- Shared information on a new resource "School Mental Health Literacy". Evidence based curriculum resource for teachers. Piloted this program at the Rutland Learning Centre in June. It is free and online.
- Great tool to increase mental health teaching, to reduce stigma and encourage conversations about MH. Target age is 13-15 years (grade 8 and 9).
- 6 modules in this resource:
 - o Stigma
 - o Understanding mental illness and mental health
 - o Information on specific mental illnesses
 - o Experiences of mental illness
 - o Seeking health and supports in the school and community
 - o Importance of positive mental health.

Heather Csikos (works out of Central Programs and Services)

- Shared a clip of one of the above studies.
- Involved group in a demonstration.

Toni Jestadt

- Discussed the inter-relationship of mental health states and the description of the different titles/language.
- Need to be aware of our words/descriptions we are choosing; in order to help define what the student is really feeling.
- Literacy is starting with our language.

Al Lalonde

Shared that the Healthy Promoting Schools Coordinators have already been trained. Possibly a counsellor at the school would get more intensive training and be the Go To Educator.

Will be training the teachers who are going to deliver the program. Each school would decide which group/staff should be teaching this program. Believe all staff should have some knowledge.

Susan Bauhart

Concerned about the resources needed; adding to the teacher's load.

Peter Molloy

We have provide 2 levels of service: joint anxiety and depression groups who are at risk, and those who meet the criteria to have initial mental health services.

Child/youth health clinicians are involved in this. SD23 is one of the few districts in the province involved in having mental health clinicians directly in schools.

Partner Update:

Lori Dawson-Bedard (COTA – First Vice- President)

- Startup exceedingly busy and will continue to be for the remainder of the year.
- Will discuss the placement of RVE crosswalk with Dave G.

Peter Molloy (Director of Student Support Services)

- Near the end of the month 2 staff will be going down for Safe Schools training from the Ministry.

Sarah Shakespeare (COPAC President)

- New COPAC President. Great start of the year.
- COPAC is going to do a lot more social media, to get more recognizable in the schools; hoping to get more parent involvement.

Rolli Cacchioni (School Trustee and Board Vice-Chair)

- Nothing to report.

Scott Isfan (City of Kelowna)

- Informed the group of his position regarding graffiti/vandalism for the City of Kelowna. Call them whenever graffiti is on Telus boxes, Fortis boxes, etc.; they have 2 staff that take care of abatement. Handle between 6,000 and 7,000 incidents per year. Last 22 days have had 615 incidents, not including on private property.
- Would be willing to do a presentation at a future meeting.

Dave Gibson (Traffic Safety Officer)

- Startup very busy. Traffic movement around schools, lot to do with people who are new to the school communities
- 'Pavement Patty' was introduced to our district; a graphic for the road in front of a school to make traffic aware of school zone.
- Working with Mark Booth – Traffic Services: new program called "Constable Scarecrow" (silhouette system). Not sure when this will start.
- CNB – a lot of difficulty at startup, has settled down now.
- Lori DB asked about the placement of crosswalk at RVE, will discuss with Dave.

Dave Cavezza (District Health & Safety Manager)

- Shared the speed zone blitz, i.e. Rutland Elementary, was great. More police presence than ever.

Lori Holland (Crime Stoppers)

- Nothing to report.

Gerry Guilteneane (Crime Stoppers)

- Shared they had a busy summer; lots of drug incidents. Selling things to kids at OKM and KSS. At the end of June there was lots of vandalism around Rutland schools.

Fred Arnold (RCMP School Liaison Officer)

- Lots of reports of needles around school sites. Inquired about SD23 protocol in finding needles. Dave C stated they are trying to track needles at each site. The custodian is the contact at each school, they are trained and have biohazard kits which are disposed through Purchasing Department. Dave C will contact Fred for further discussion.

Dave Tether (CUPE President)

- Shared that SD23 staff also have mental health issues. All executive are going to a mental health conference to be able to help and support CUPE staff.

Susan Bauhart (COTA President)

- BCTF has trained all the local presidents about mental health last year.
- Discussed the Safe Schools conference with Peter M; all school districts in province are invited.

Penny Gambell (Councillor – District of Lake Country)

- Encouraged about the Constable Scarecrow program, and hopes they can visit Lake Country schools.
- Council passed a cannabis bylaw this summer.

Ryan Donn (City of Kelowna Council)

- Council working on the cannabis bylaw also. There will be different measurements for different businesses or sites. Will be changes along the way; encourage feedback from community.
- Kelowna Service Request: bookmark this as it is the best way to get city services.
- Expect to have more RCMP on the next budget which will maintain School Resource Officers.

Meeting adjourned: 10:15 am

Next Meeting: November 7, 2018 – HRES – Room 3

An integrated team of professionals, parents and community members who maintain a high community profile by providing strong leadership in the area of school and community safety.

Our Mission is to positively impact school and community safety within School District No. 23 by:

1. providing an effective venue through which safety concerns of parents, students, staff and community members can be voiced,
2. increasing public awareness of safety related issues, initiatives and resources,
3. formulating safety related recommendations for school and community members, and
4. reviewing models and research data related to school and community safety.