## HEALTH PROMOTING SCHOOLS



## **COMMITTEE MEETING**



Thursday, OCTOBER 5th, 2023

SCHOOL BOARD OFFICE - Board Room: 4:15 - 6:00 pm

REPRESENTATIVES	COMMITTEE MEMBERS		
<b>Board of Education</b>	Lisa Guderyan	Wayne Broughton, alternate	
Indigenous Education	Christina Verhagen, Acting Indige		
ARC Programs	Cassy Lukey, Counsellor		
COPAC	Kristina Grant, ELEM	Leslie Atwell, MID	Camila Bifard, SEC
COPVPA	Bryce Owens, ELEM		Robbie Franklin, SEC
COTA	Mary Hope, ELEM	Lois Aeckersberg, MID	Kevin Robinson, SEC
CUPE	George York		
<b>District Student</b>	Mila Kresina (KSS)	October Angell-Janfield (CPS)	
Council			
<b>HPS Coordinators</b>	Andrea Locke	Alicia Kudryk	
Interior Health	Virginia Bowman, Public Health	Leah Perrier, Public Health Dietitian	
Mental Health	Ping Flynn, CYMH		
Sexual Health	Nicole Weremy	Leanne Woodrow	Jenny Rabinovitch
Educators			
District Staff	Rhonda Ovelson,	Sherri Roche, District Principal	Angela Kreklewetz,
	Director of Instruction	Learning Support Services	Recording Secretary

## **AGENDA MINUTES**

LCOME & ACKNOWLEDGEMENT	Dlaggada
LCOIVIE & ACKNOWLEDGEIVIEN I	Rhonda
Adoption of October 5, 2023 Agenda  Motion to accept; Kevin Robinson and Leah Perrier – carried	All
Adoption of June 1, 2023 Minutes  Motion to accept; Alicia Kudryk and Mary Hope – carried	All
eting Intention: to review and revise Committee's Terms of Reference Composition of Committee – Who are we? Recommendations: -add "Interior health", "Health Promoting Schools" and "Sexual Health Team" to the list of representatives -increase number of District Student Council representatives to 3 -consider the "serve a two-year term" timeframe Mandate – Why do we come together? Recommendations: -add "comprehensive school health" wording to guide action planning -specify related policy -"school based committee" to be clarified, possibly renamed as HPS Liaison(s) -sub-committee struck to draft message inviting school based staff interested health promotion to become HPS liaison	Rhonda
	Adoption of October 5, 2023 Agenda Motion to accept; Kevin Robinson and Leah Perrier – carried  NUTES  Adoption of June 1, 2023 Minutes Motion to accept; Alicia Kudryk and Mary Hope – carried  MMITTEE TERMS OF REFERENCE eting Intention: to review and revise Committee's Terms of Reference Composition of Committee – Who are we? Recommendations: -add "Interior health", "Health Promoting Schools" and "Sexual Health Team" to the list of representatives -increase number of District Student Council representatives to 3 -consider the "serve a two-year term" timeframe Mandate – Why do we come together? Recommendations: -add "comprehensive school health" wording to guide action planning -specify related policy -"school based committee" to be clarified, possibly renamed as HPS Liaison(s) -sub-committee struck to draft message inviting school based staff

	4.3	Roles and Responsibilities – How will we work together as	
	representatives to meet our mandate?		
	Recommendations:		
		-to work collaboratively and strategically	
		-to utilize expertise of committee members as well as expertise of community	
		partners	
5.	BUSINESS		Rhonda
	5.1	2023-24 Meeting Schedule	
		Recommendations:	
		-book meetings earlier in the year to give time to set direction, establish	
		area(s) of priorities/ area(s) of focus and to allow more time for	
		implementation of plan	
		- suggestion to move all dates a month earlier (Oct, Nov, Jan, March and May)	
		instead of using dates suggested last year (Oct. 5, Dec. 7, Feb. 1, Apr. 4 and	
		Jun. 6)	
	5.2	Meeting Space (Board Room/ Virtual)	
		Recommendations:	
		-to meet in person, in the Board Room if available	
	5.3	Meeting Format	
		Recommendations:	
		-use current research (physical, mental and social wellbeing of children and	
		youth in the Central Okanagan) to establish priorities and to assist in building	
		HPS action plan	
		-build time for collaborative conversations, coordination of services and	
		networking amongst members	
6.	FUTUF	RE PRESENTATIONS	
	6.1	Health Promoting Schools Action Planning	Alicia and Andrea
		-Including Feeding Futures Funding Overview	Rhonda
	6.2	Weight Bias and Stigma Resource	Leah
	6.3	Teach Food First/ Toolkit	Leah
		Recommendations:	
		-to schedule and invite presentations that align with the co-created priorities	
		and areas of focus of the District HPS Comprehensive Health Plan	
7.	ADJOU	JRNMENT	All