



HEALTH PROMOTING SCHOOLS COMMITTEE MEETING

MINUTES

Thursday, JUNE 3rd, 2021

ZOOM MEETING @ 4:15 - 6:00 pm



REPRESENTING :	C O M M I T T E E M E M B E R S		
Board of Education	Julia Fraser	Norah Bowman, alternate	
Indigenous Education	Deanna Necan		
ARC Programs	Cassy Lukey, Counsellor		
COPAC	Miriam Desjardins, ELEM & MID		Valary Chidwick, SEC
COPVPA	Mike Kormany, ELEM	Scott Sieben is looking for a MID Rep	Robbie Franklin, SEC (absent)
COTA	Mary Hope, ELEM	Lois Aeckersberg, MID	Crystal Zaseybida, SEC (absent)
CUPE	Michelle Price (new CUPE rep)		
District Student Council	Monika Bhatia, RSS (absent)		
HPS Coordinators	Janelle Zebedee	Karen Ellis	
IHA	Karla MacDonald, Public Health	Leah Perrier, Public Health Dietitian	
Mental Health	David Guthrie, CYMH		
Sexual Health Educators	Nicole Weremy	Leanne Woodrow	Jenny Rabinovitch (absent)
District Staff	Al Lalonde, Assistant Superintendent	Sherri McKinnon, District Principal-Learning Support Services	Wendy Kennedy, Recording Secretary

1. WELCOME & ACKNOWLEDGEMENT

Meeting commenced at 4:15 p.m. with introductions and acknowledgement that we are meeting on the unceded, Traditional Territory of the Syilx (Okanagan) People.

2. AGENDA

2.1 Adoption of June 3rd, 2021 Agenda

2.1.1 Addition to Agenda;

Item 6.4 Community Link Update

- Motion to accept from Julia Fraser, Seconded by David Guthrie; Approved

3. MINUTES

3.1 Adoption of April 1st, 2021 Minutes

- Motion to pass from Mary Hope, Seconded by Cassy Lukey; Approved

4. PRESENTATIONS

Central Okanagan Food Bank (COFB) – Food Drives 2021 Campaign

Sarah Martin, COFB's Community Development Coordinator, talked about upcoming food drives for 2021 and offered to provide information for the school's year-end newsletter to acknowledge all that the schools have done this past year; 21,000 pounds of food from 13 schools was collected. Looking to better align drives to "stagger" them throughout the year.

They are also looking at providing some materials for student lessons to support knowledge surrounding food security. Leah Perrier offered her services to help implement that. Important to teach the "whys", not just to get the prize but to help people be community minded in their community. Educational piece to this would be great at the elementary, middle and high school levels. Food Drives 101, how you do it start to finish. Maybe in the fall announcement to pick up.

34% of clients are under the age of 15. The COFB is currently looking into providing "backpacks" for the weekend.

General discussion with the group around dates, event name ideas, how to avoid "over participation" for the sake of winning. Monetary donations are best because of the Food Banks buying power (3:1), then the Food Bank is able to purchase fresh products (ie milk, produce, eggs, cheese, fresh fruits, gluten free products and multicultural food that is needed).

There are a lot of schools that do a food, clothing, or gift drive for others around the holidays, may not necessarily be the Food Bank. Some schools gather food and gifts for their own families.

5. 2020-21 HPS ACTION PLAN UPDATE:

Karen Ellis:

Asked to do playground games and workshops at Peachland, Chief Tomat and South Kelowna, to give them new ideas to stay active, with different games, skipping, hopscotch and tag games to encourage positive playground play.

Janelle Zebedee:

Regarding vaping reduction. Target audience was grade 5 and 6 students. Information was sent home to support lessons. Created a 12-minute video (zoom based) as a teacher resource providing learning activities to complete with the students after the video.

They are in the middle of rebuilding a section in the HPS website for parents. Hopefully ready in the next couple of weeks. Will be a "go to" for the commonly requested resources and will be quite useful to teachers and families.

Grade 3 swim programmed delayed due to COVID but should resume next year.

Janelle provided a quick snapshot on the MDI Grade 5 report which is based on the social emotional well-being aspects of the student as it is self-reported. It is important to note that the info is connected to the child's postal code. Not necessarily the school they are attending. It relates to the neighbourhood. There are 5 dimensions: social and emotional development, physical health and well-being, connectedness, school experiences and use of after-school time and there are two major measures; well-being index and assets Index. In comparison to the rest of the province, our district is quite similar.

6. NEW BUSINESS

6.1 Sexual Health Education - Nicole Weremy

Out in schools, Grades 6-8, DRK, GMS & RMS plus 8 elementary schools and online zooming with grade 9's and 10's in the district.

Al Lalonde advises that there is a SOGI rep at every school in our district and thanks the SHE team for their work.

Mary Hope added that a teacher from Raymer Elementary and a Social Justice Chair, Jay Marees, put together SOGI lesson plans and books and has been delivered to all the libraries in our district.

6.2 Mental Health Support/Social and Emotional Learning Update – Sherri McKinnon

Provided clinical level of counselling support in 14 of our elementary schools in the district. Shifting our structure to a family zone structure so that all of the elementary schools will have some form of a clinical level of counselling support next year. We have partnered with UBCO to apply for a grant through the Government of Canada Social Sciences & Humanities Research to develop a formal level of SEL training for all educators in our district.

6.3 Staffing Update – Al Lalonde

Goodbye to Janelle Zebedee, who is returning to the classroom at Chute Lake Elementary, and who was so instrumental in leading our district in Health Promoting Schools. We wish her all the best and thank her very much for all she has done over the 15 years of service she has provided to this department.

6.4 Community Link Allocation – Al Lalonde

Al reported that our school district will receive \$1,258,789 for the 2021/2022 school year which supports the school meals program, which will receive over 61.6% of the funding. The remaining funds will be distributed to continue to maintain and support District programs such as the Young Parent Program at KSS, mental health initiatives, and Health Promoting Schools initiatives.

7. FUTURE PRESENTATIONS

- Support Animals for Wellness
- Overreliance on Smart Phones
- Other

8. FUTURE DATES FOR 2021-22 HPS COMMITTEE MEETINGS (Thursdays; 4:15 – 6 pm)

October 7, 2021
December 2, 2021
February 3, 2022
April 7, 2022
June 2, 2022

Meeting adjourned at 5:30 pm