

HEALTH PROMOTING SCHOOLS COMMITTEE MEETING

"DRAFT Minutes"

Thursday, June 4th, 2020

ZOOM MEETING @ 4:15 - 6:00 pm



COMMITTEES	M E M B E R S (Attending/Absent)		
Board of Education	Norah Bowman	Julia Fraser	
Indigenous Education	Crystal Prince, Indigenous Cultural Coordinator		
ARC Programs	Cassy Lukey, Counsellor		
COPAC	Cadre Simpson/Miriam Desjardins ELEM	Valary Chidwick, MID/SEC	
COPVPA	Mike Kormany, ELEM	, MID	Nina Ferguson, SEC
COTA	Mary Hope, ELEM	Lois Aeckersberg, MID	Crystal Zaseybida, SEC
CUPE	Teri Wishlow, VP		
District Student Council	Monika Bhatia, RSS		
HPS Coordinators	Janelle Zebedee	Tricia Penny	
IHA	Eileen Smith, COK Public Health	Leah Perrier, Public Health Dietitian	
Mental Health	David Guthrie, CYMH		
Sexual Health Education	Nicole Weremy	Leanne Woodrow	Jenny Rabinovitch
District Staff	Al Lalonde, Assistant Superintendent	Jodee Hermiston, Recording Secretary	

1. WELCOME

- introductions and 'welcome' to all new members for our 1st Zoom mtg
- farewell to Crystal Prince

Al
Lalonde

2. AGENDA

2.1 Adoption of JUN 4th, 2020 Agenda

- Motion to pass from Nina; Seconded by Cassy; Approved

Al
Lalonde

3. MINUTES

3.1 Adoption of FEB 6th, 2020 Minutes (April meeting was postponed due to COVID)

- Motion to pass from Mike; Seconded by Eileen; Approved

Al
Lalonde

4. PRESENTATIONS

- School Food Environment Survey 2020, K-12 Public Schools
- for full details, see attached pdf: School Food Environment Survey 2020 K-12 Public Schools
- Leah shared a slideshow summary of the full report completed by Natalie Laframboise, Manager of Provincial Dietitians, Ministry of Health
- the survey was intended for Principals (or their designates) at BC Public schools to share information about school food environment – the services, policies and programs regarding nutrition and food availability in the schools
- the 2020 School Food Environment Survey was a collaboration between the Ministries of Agriculture, Health and Education
- the purpose of the survey was to gain a better understanding of the food environments and local food procurement in BC Public Schools and to inform a variety of policies, programs and guidelines related to local food sourcing, nutrition and health-based education initiatives
- it was noted that in our district, sometimes food provided for students by the PACs, is not based on need or nutrition, but on fundraising

Leah
Perrier,
Public
Health
Dietitian,
Interior
Health

5. 2019-2020 HPS ACTION PLAN UPDATE:

- for full details, see attached pdf: **June 4, 2020 HPS Committee Meeting - slides**
- Tricia and Janelle shared details of their work focusing on the main areas since our Feb meeting prior to and during this COVID time. Items are in alpha order not in order of how they have been working on them.
- Continuity of Learning Newsletter:
 - under the guidance of Jamie Robinson, District Principal of Learning Leadership and Innovation, provided resources with other district coordinators and teams to support teachers in different ways of teaching and with information during this time
 - specifically worked in curriculum areas of Physical Health and Education, with the Sexual Education and Social Emotional Learning Team
- Dr. Hayley Watson - Mental Health for Youth (Feb 11):
 - Al brought Tricia and Janelle alongside to work with the Social Emotional Learning Team (SEL)
 - presentations for administrators and parents were very well received
 - some of Dr. Watson's work was piloted at KSS this year
- Mental Health Literacy:
 - major accomplishment getting the curriculum out to all Gr. 8 students
- Vaping Awareness Education (Gr 5/6):
 - exciting to deliver this program (mostly by Zoom lessons) to 25/31 elementary school students before they moved into Middle school
- Food for Thought – Breakfast Program & School Meals Program - Brown Bag Lunch
 - Changed from daily to a weekly deliveries due to COVID (April through to the end of June) to help our vulnerable students
 - Team effort from many people in our district and donations from local businesses
- Thank you to all partners (Food for Thought, School Meals Program, IH, UBCO) for assisting in so many areas this year!
- Trustee Bowman acknowledged the important work that our HPS Coordinators facilitate and all the things our district is doing to support so many students.
- Al also thanked & acknowledged Tricia and Janelle for their hard work in their vast job description.

*Tricia
Penny
& Janelle
Zebedee*

6. NEW BUSINESS: See attached pdf: June 4, 2020 HPS Committee Meeting – slides

- 6.1 Review of Community Link Funding
 - 62% goes to school meals programs to support vulnerable youth
 - annual funding has increased slightly for next year
- 6.2 IH HPS Coordinator Contract 2020-2023
 - we've now entered into a 3 yr contract (previously reviewed annually) directly linked to the requirements of IH
- 6.3 District Food Distribution
 - from April through June...'exceptional' cooperation at all levels to make the weekly deliveries of breakfasts and lunches happen from all individuals and organizations involved – even home deliveries for those families without the means to pick up the food!
 - donations included Dominos (900 large pizza coupons), Starbucks (a pallet of breakfast sandwiches to RSS, Hands in Service (235 Living Garden planters), Peter's Independent Grocer, donations of cheques/cash from the Rotary and individuals who called in all wanting to help. Monetary funds were forwarded to Food for Thought.
- 6.4 Mental Health Update
 - Sherri McKinnon has filled Al's previous position - District Principal of Learning Support Services - and she will be joining this committee.
 - expansion of services with SEL team and partner groups for next year
- 6.5 HPS Direction for the 2020-2021 School Year (Draft of Action Plan)
 - developed from a perspective recognizing that plans may shift and change during the year

*Al
Lalonde,
Tricia
Penny
& Janelle
Zebedee*

- notable change is that HPS Coordinators will now be working with members of the SEL team to help improve their focus in elementary and middle schools
- open to thoughts, suggestions and input from this committee and this document will be shared with committee members with the 'draft' minutes

6.6 Comments from Committee Members

- MCFD has reported phone calls to them are considerably down, alcohol sales are up, domestic abuse has gone up = students are in crisis.
- What happens in the Summer and when students reenter school in September after several months of isolation? CYMH & ARC provide services year round, our district counsellors meet weekly with our partners and Zoom meetings have helped to meet with many people at a time.
- This was the first week with students attending class; EVERYONE was so excited to be back!
- Students are very appreciative of the efforts of their teachers to connect with them during the last few months especially for grads!
- Thank you to all the parents as well.
- Sexual Health Education update: 12/14 Elementary schools and 2/3 Middle schools were involved in Zoom lessons for classes missed this Spring and sign up is ongoing for September. Students were still able to ask questions anonymously.

7. FUTURE PRESENTATIONS

7.1 Middle Years Development Instrument 2019-2020 District Report

*Tricia
Penny
& Janelle
Zebedee*

8. FUTURE 20-21 HPS COMMITTEE MEETINGS

8.1 Meeting Dates for 2020-2021

OCT 1 - 4:15 – 6:00 pm (SBO Board Room #1 or Zoom)

DEC 3 - 4:15 – 6:00 pm (SBO Board Room #1 or Zoom)

FEB 4 - 4:15 – 6:00 pm (SBO Board Room #1 or Zoom)

APR 1 - 4:15 – 6:00 pm (SBO Board Room #1 or Zoom)

JUN 3 - 4:15 – 6:00 pm (SBO Board Room #1 or Zoom)

- Motion to approve meeting dates from Nina; Seconded by Eileen; Approved

*Al
Lalonde*

5:30 pm: Motion to adjourn Zoom meeting from Leanne; Seconded by Valary; Approved