

SD23 SEXUAL HEALTH

helpful resources

Click an image below to access the website



Action Canada for Sexual Health and Rights
Information and resources about sexual health



CRCL
Local crisis response and mental health support for youth and adults



CyberTip
Tipline for reporting online abuse or harassment



erase - Report It Tool
Link to anonymously report bullying or harassment to your school



Etcetera
2SLGBTQIA+ Youth Group



Foundry Kelowna
Youth mental wellness center



It's a Plan
Birth control decision guide



KGH Gynaecology Services Clinic
Abortion services in Kelowna



Kids Help Phone
Confidential mental health and safety support



Movember
Information and resources focused on improving men's health



Need Help Now
Help removing sexual images from the internet and knowing your rights



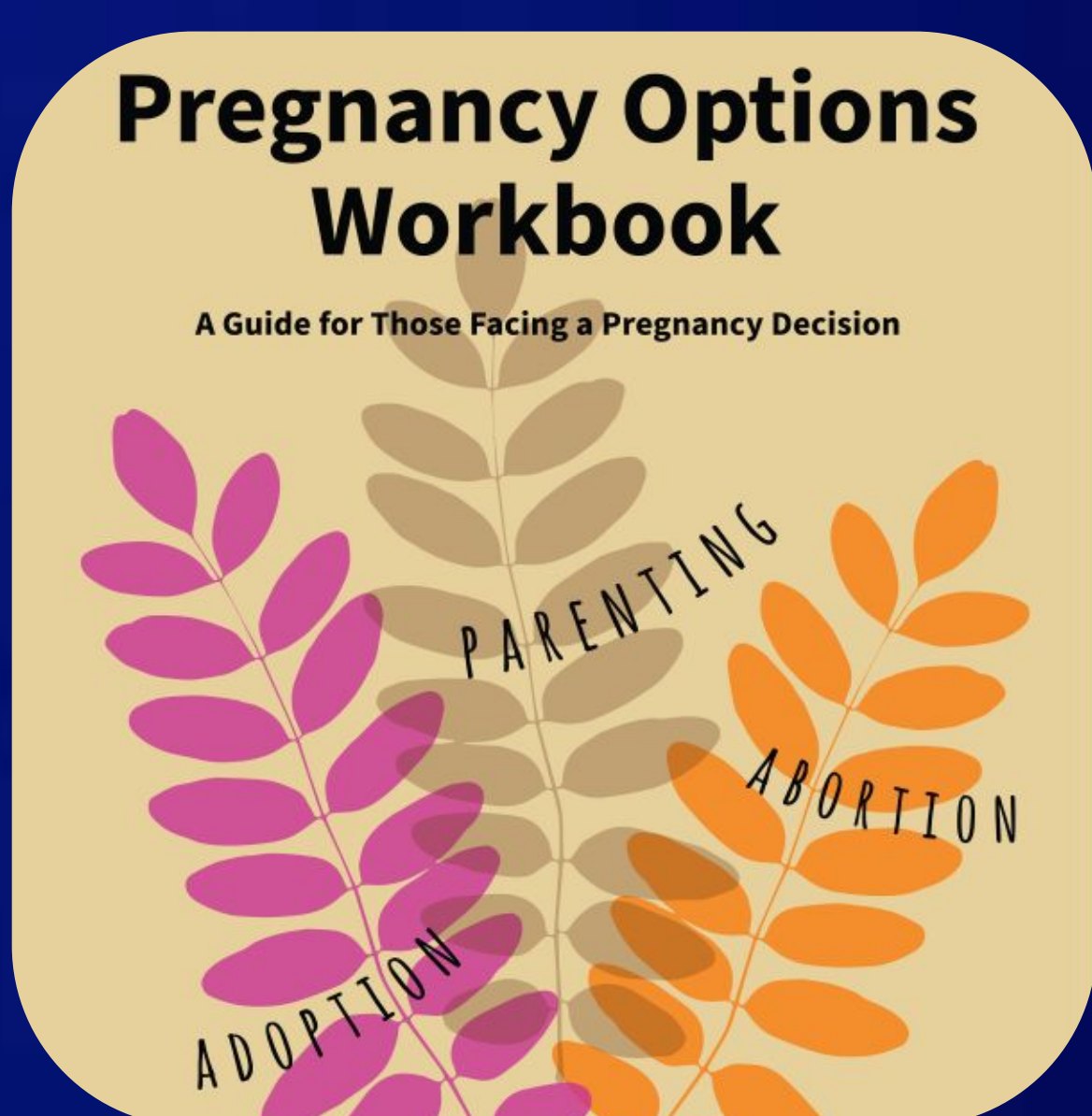
Options for Sexual Health
Reliable information about sexual health



pflag Canada
Advocacy and support for 2SLGBTQIA+ individuals



Pregnancy Info Canada
Pregnancy health and pregnancy options



Pregnancy Options Workbook
A workbook to help you learn about all pregnancy options available



Scarleteen
Inclusive and supportive sex and relationships info for teens



Sex & U
Sexual and reproductive health information



Sexual & Reproductive Health Clinics
STI care, contraception, pregnancy, and sexual health services



Smart Sex Resource
BC sex and reproductive health information



this space
Support for 2SLGBTQIA+ and/or IBPOC young people



Trans Care BC
Equitable and accessible care and information for trans people across BC



Valley Medical
Walk-in on-demand STI testing in Kelowna



Young Men's Health
Carefully researched health information for young men



YourPeriod.ca
Facts and information about periods

Helpful Phone Numbers

Health Info and Advice	8-1-1
Kids Help Phone	1-800-668-6868 (call) or 686868 (text)
Pregnancy Options Line	1-888-875-3163
Sex Sense Line	1-800-739-7367
Sexual Health Info Line	1-888-642-2725 (call) or 613-800-6757 (text)
Trans Lifeline	877-330-6366

Sexual Health Care

To access sexual health care, you could visit...

- Family doctor
- Walk-in clinic doctor
- Pharmacist
- Urgent Primary Care Center