



**HARMONY 23**



**BLACK HISTORY**



**HUMAN RIGHTS**



**INCLUSION**



# HOW TO PARTICIPATE

View the film of the day by **clicking on the picture** which corresponds with today's date.



- We encourage you to utilize the closed captioning option in YouTube in order to provide students with multiple means of representation
- Each short film has a suggested activity or questions or create your own engagement strategies
- Each slide also has “Inclusive Education tip of the Day” which is linked to their calendar.

# REFLECTIVE ACTIVITIES

The education students experience should reflect the diversity of the community in which they live, and whenever possible they should see themselves reflected in the lessons and materials.



Themes of diversity, acceptance, and inclusion are embedded throughout all subjects in the curriculum, and they can be woven into cross-curricular activities.



# TRY OUT SOME INCLUSIVE PRACTICES

## Strategy 1: Use Multiple Formats



Use different types of resources to honour the diversity of the students in your class: magazines, videos, websites, blogs, newspapers, audiobooks.

## Strategy 2: Vary the Response Format



Let students show what they know through various means: music, painting portraits, acting out scenes, audio recordings.

## Strategy 3: Use Flexible Grouping



Research shows that using partners and small groups create higher engagement levels and help students maintain attention.

# Google's Most Searched in 2022

February 1st



Click the picture to watch video

## Conversation:

1. How do these history makers uplift and inspire you?
2. Who is one history maker that stands out to you?



Click the picture to go to BC Black History website for more resources

***In December of 1995, the Parliament of Canada recognized February as Black History Month follow a motion introduced by the first African Canadian woman elected to Parliament, Jean Augustine.***

***Inclusive Education tip of the day : Give someone a compliment***

# CREATING A LAND ACKNOWLEDGEMENT

February 2nd

*Quote of the Day : Let us find a way to belong to this time and place together. Our future, and the wellbeing of all our children rests with the kind of relationships we build today. ~ Chief Dr. Robert Joseph*

Together we can spark a movement  
to spread this practice,  
moving toward full truth and  
reconciliation.

Click the picture to watch video

## DISCUSSION:

After watching the video, ask students:

1. What struck you most about this video?
2. What feelings did it bring up for you?
3. What did you learn?
4. What other thoughts and reactions do you have about the video?

Click [here](#) to read about the Syilx Okanagan People's Land Acknowledgement and how to create one.

*Inclusive Education tip of the day : Create a personal or class land acknowledgment*

# Everyone is an Athlete

February 3rd



Click picture for video

**Inclusive Education tip of the day:**  
**Discuss how we are a caring**  
**community**



Click picture to go to InclusionBC

***February is also National Inclusive Education month. People across Canada celebrate Inclusive Education month by reflecting on the many ways we can do to support every child's learning in our schools. Every day, an activity for February was created by the Inclusive Education department. Check [here](#) for full Inclusive Education calendar.***

# The Triumphant Story of Sam Berns, Progeria & Math

February 6th

Click the picture to watch video



**Thinking routine: See, Think, Wonder**

**Questions:**

1. **What do you notice?**
2. **What do you wonder?**
3. **What inspires you about the challenges that Sam overcomes everyday?**

**Inclusive Education tip:**  
**Identify how your school is inclusive**



# Where Is The Diversity In Our Books?

February 7th



Click the picture to watch video

Children who grow up in spaces where diversity is cherished are able to easily embrace diversity in the world around them.

~ A. Beninghof

## Questions:

1. **What do you typically notice in books?**
2. **Why is it important for everyone to have the opportunity to see themselves in the books that we have in schools?**

***Inclusive Education tip of the day: Explore this [website](#) today***

# The Labels We Carry

## February 8th



Click the picture to watch video

**Inclusive Education tip of the day:**  
**Create a class motto about inclusion**

## Conversation:

**Consider the labels that you think other people have for you.**

1. **How have they shaped and influenced your identity?**
2. **What labels do you want for yourself?**

## Action:

## What can you do to change the labels that you put on those around you?

# Inclusivity & Diversity - Open

February 9th



Click the picture to watch video

*Inclusive tip of the day*

**Diversity is our power! It brings strength to our communities – we are stronger together!**

**Activity:** Have each student list personal strengths and put them together as a class shape (ex: flower, puzzle pieces, bulletin board trim, circle, etc.)



# You Can't Stop Us- Nike

February 10th

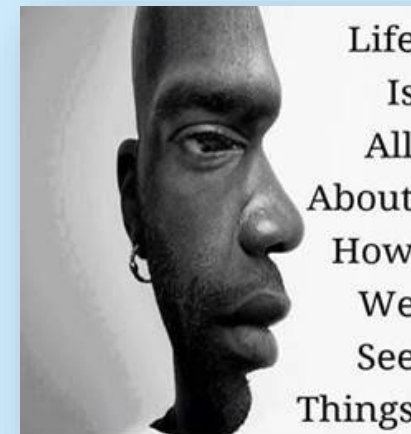


Click the picture to watch video

**Inclusive tip of the day: Learn your favourite food in sign language**

## Questions:

1. What do you notice?
2. What do you wonder?
3. What's going on?
4. What do you see that makes you say that?





# White Privilege – Systemic Racism

February 11th



Click the picture to watch video

**Inclusive tip of the day: Learn a greeting in a new language**

## Questions:

1. Have you heard of the term '*white privilege*' before?
2. What is white privilege?
3. What is systemic racism?

»»»» "Fitting in"

is becoming who you think you need to be in order to be accepted.

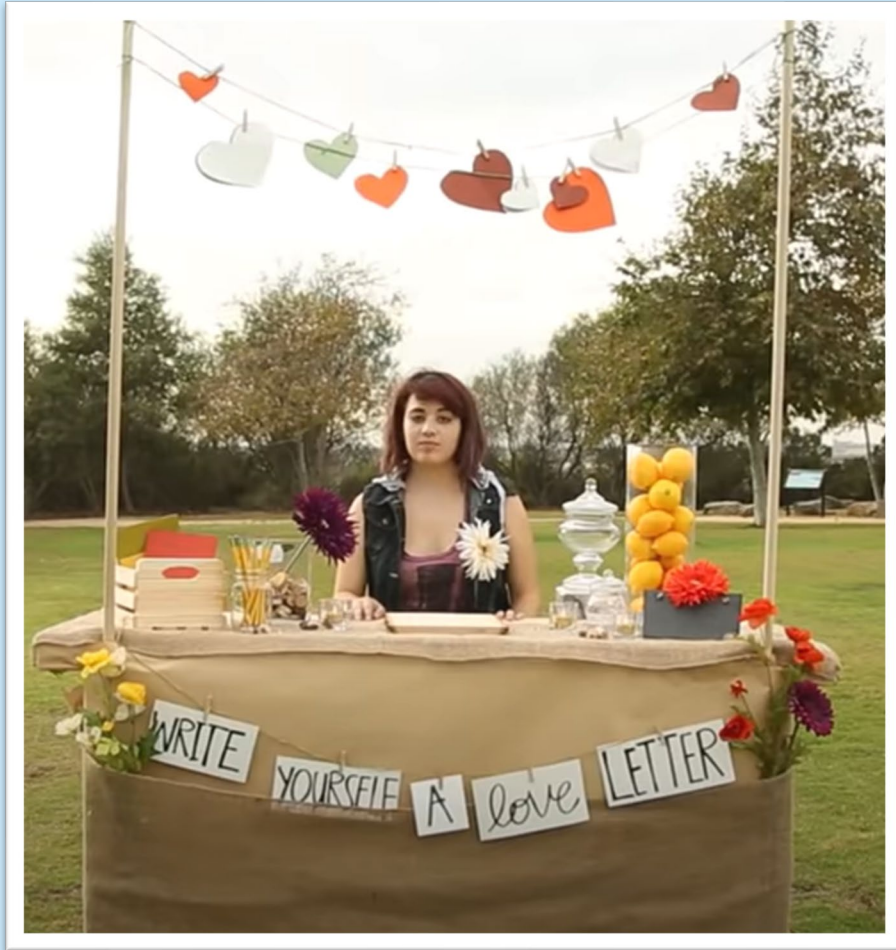
Belonging ««««

is being your authentic self and knowing that no matter what happens, you belong to you.

Brene Brown

# Love Letter

February 14th



Click the picture to watch video

Today, take **love** into your own hands — and **heart** — and show some **love** to yourself!

Write a **love** letter to yourself. Tell yourself why you **love** yourself, what you are proud of, why you are awesome, how you are unique, and why you appreciate yourself.

*Inclusive tip of the day: Send a valentine or note of appreciation to someone*

# Why Be Kind? **Harmony Day!**

February 15th



Click the picture to watch video

**Inclusive tip of the day: Create a definition of 'Harmony'**

## **Conversation:**

1. **What does it mean to be kind?**
2. **What do you see, hear, and feel?**
3. **What makes you special?**

## **Action:**

**Create a special message on a sticky note that will share kindness and love to those in your school.**

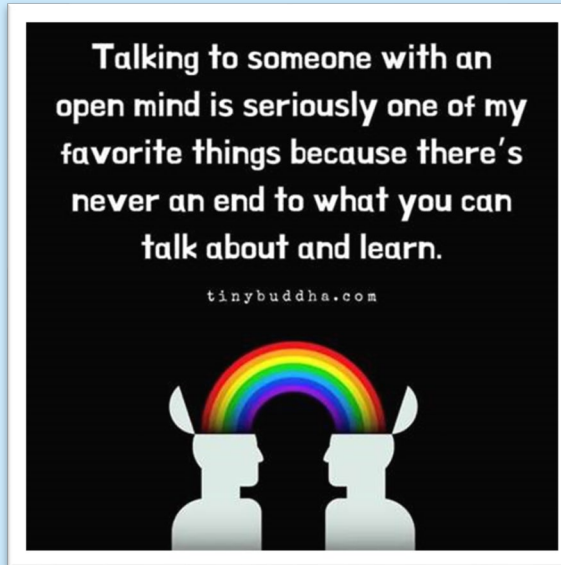
# Every Name's a Story

February 16th



Click the picture to watch video

**Inclusive tip of the day: Learn your name in Braille**



## Questions:

1. What do you notice in the first half of the video?
2. How does our name impact our identity?
3. How do you think James feels at the end of the video?

***This week is also Aromantic Awareness Week***



# Professional Development Day

February 17th



*Inclusive Education tip of the day: Provide a random act of kindness for your family*

# Family Day

February 20th



***Inclusive Education tip of the day: Honour or  
create a family tradition***

# Hello – A Film About Tolerance and Diversity

February 21st



Click the picture to watch video

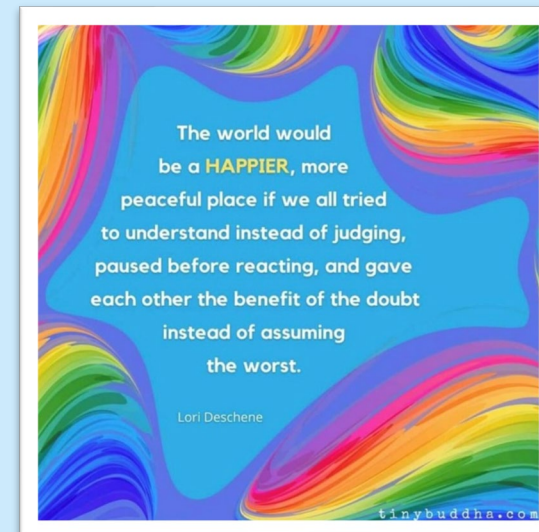
***Inclusive tip of the day: Learn something new about someone else***

**Conversation:**

**Have you ever connected with someone just by saying hello?**

**Action:**

**It's your turn to say hello! Learn how to say "*Hello*" in a different language**



# Creating Pink Shirt Day – Travis Price

February 22th

## Thinking Routine: Six Thinking Hats

***White Hat:*** Information. What are the facts?

***Yellow Hat:*** Positives and advantages.

***Black Hat:*** Difficulties and dangers.

***Red Hat:*** Emotions and feelings.

***Green Hat:*** New ideas and creativity.

***Blue Hat:*** Managing the thinking process.



Click the picture to watch video

**Education tip of the day: Fill  
someone's bucket**



# Hockey for All

February 23rd

## Conversation:

1. **What surprised you while watching this video?**
2. **What are other examples of things that might not be “for all”?**
3. **What does it mean to belong?**
4. **How can you facilitate a sense of belonging for those around you?**



Click the picture to watch video



**Inclusive Education tip of the day:**  
**Play: Find someone who...**

# We're All Made of Snow

February 24th



Click the picture to watch video

**Inclusive Education tip of the day: Build a diversity tree**

## Questions:

1. How did this video influence your thinking?
2. How does this video represent Canadian diversity?



# 7 Incredible Real Stories: Celebrate Disability

February 27th



Click the picture to watch video

***Inclusive Education tip of the day:  
Invite someone to eat lunch with you***

**Before you watch:** Two quotes in this clip are:  
“Don’t hold me back because I won’t allow it” “If I don’t believe in myself, that’s a real problem”

**While you watch:** While you are watching and listening, try to pick out: What would your **HEADLINE** be, to summarize the messages from this clip?

**Share you headlines with a partner to explain.**

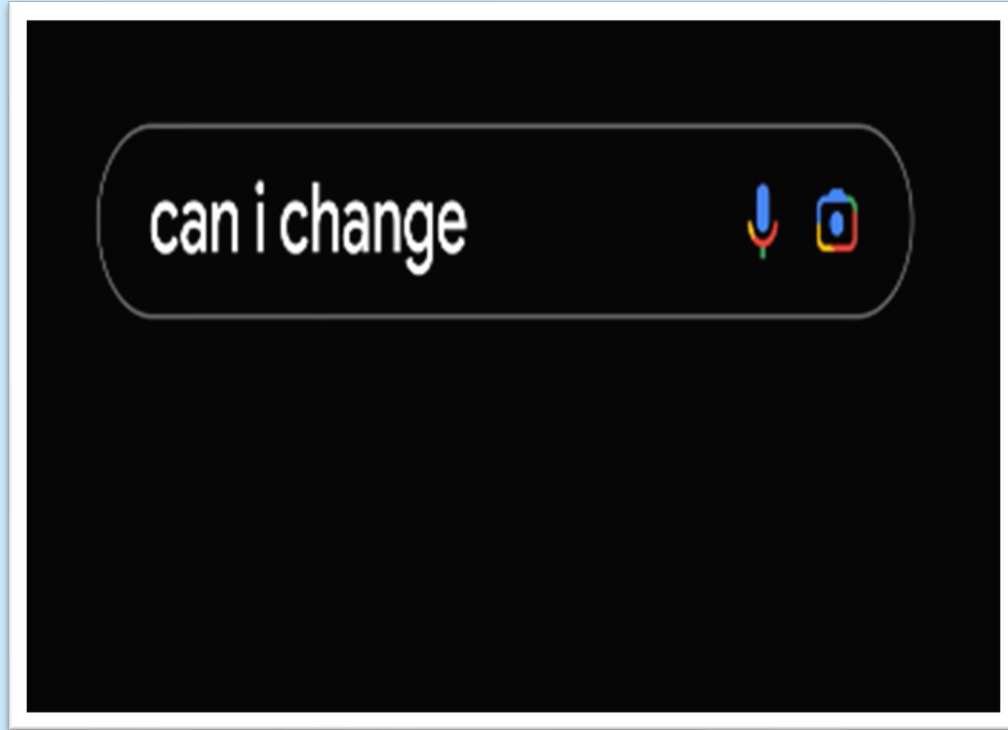
# Google – Year in Search 2022

February 28th

## Talking Circle

### Questions:

1. How can you create change in the world?
2. Why do you think change is important?
3. What is something you can change in 2023?



Click the picture to watch video

**Inclusive Education tip of the day:**  
**gallery walk of compliments**

