



**Central Okanagan
Public Schools**

Together We Learn

February 24, 2026

Via Email

Mr. Schmuly Hecht



Kelowna, BC

Dear Rabbi Hecht,

Re: Response to Your Correspondence Regarding a Moment of Silence

Thank you for your thoughtful message and for reaching out to the Board of Education. We appreciate your concern for student well-being and your interest in practices that support reflection and emotional readiness at the start of the school day.

Our District's approach to student wellness is guided by the [CASEL Framework](#), which supports evidence-based social emotional learning and mindfulness practices across schools. Within that framework, teachers and school administrators have professional discretion to implement practices that best meet the needs of their students and their individual classroom environments.

Thank you again for taking the time to write and for your commitment to student well-being in our community.

Sincerely,

Valene Johnson
Chair

Cc: Board of Education