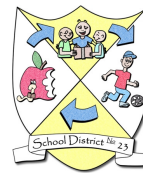




Central Okanagan School District No. 23
DISTRICT HEALTH PROMOTING SCHOOLS COMMITTEE



MINUTES

Thursday, September 15, 2011

Hollywood Road Education Services - Room 3 (4:00 pm – 5:30 pm)

IN ATTENDANCE

Aboriginal Education	Karen Chase	
COPAC	Tyra Skibington, Elementary	Janice Loukras, Secondary
COPVPA	Jesse Bruce, Elementary	Luke Campbell, Secondary
COTA	Karen Barnstable, Secondary	
HPS Coordinators	Tricia Labrie	Janelle Zebedee
IHA	Cathy Richards Community Nutritionist	Rhonda Tomaszewski Child Youth Program
MCFD	Beth Flynn	
SD No. 23	Lisa McCullough	

REGRETS

Board of Education	Rolli Cacchioni	Anna Hunt-Binkley
COPVPA	Jill Voros, Middle	
COTA	Cathie Pavlik, Middle	Jody Cronquist, Middle
CUPE	Bill Zeman	IHA Betty Brown Mental Health

Guest: Amanda Turner, Project Coordinator (The Bridge Youth and Family Services)

1. AGENDA

1.1 ADOPTION OF SEPTEMBER 15, 2011 AGENDA

Janelle Zebedee

MOVED by Rhonda Tomaszewski and SECONDED by Jesse Bruce
THAT: The Agenda of the District Health Promoting Schools for September 15, 2011 be adopted. CARRIED

2. MINUTES

2.1 ADOPTION OF JUNE 2, 2011 MINUTES

Janelle Zebedee

MOVED by Tyra Skibington and SECONDED by Beth Flynn
THAT: The Minutes of the district Health Promoting Schools for June 2, 2011 be adopted as amended. CARRIED

3. PRESENTATION

3.1 HEALTHY WEIGHTS FOR CHILDREN (*see attached*)

Amanda Turner

- This initiative is funded by the Public Health Agency of Canada.
- 'Healthy Together' is an innovative Healthy Weights for Children program for young people in care and their families. Families may include children and youth in care (0-18 years) and their caregivers, foster parents, biological parents, mentors, elders, and other key members of the community, who may be actively involved in caring for the children.
- The program provides an opportunity for children in care and their families to build relationships while enhancing their health and wellbeing. The module topics are relevant to promoting healthy weights in children, including food and nutrition, physical activity, relationships, and community.
- Recruitment for the pilot will take place the first week of October 2011.
- Janelle thanked Amanda for presenting to the committee.

4. NEW BUSINESS

4.1 2011/2012 HPS ACTION PLAN & UPDATES

*Janelle Zebedee
Tricia Labrie*

- August 25th - 26th: Attended an Action Schools BC Summer Institute training session.

Approved as Amended

- August 30th: Facilitated at pro-d day for 30 teachers on Daily Physical Activity. In the afternoon, facilitated a workshop on full day kindergarten for 20 teachers.
- September 6th week: Janelle did a Back to School Orientation for the Black Mountain students.
- Student Leadership training for kindergarten students at Chute Lake Elementary and Black Mountain Elementary.
- September 12th: Delivered a Cool Fuel for School workshop including school lunch programs, school stores, and fundraising. Another session will be held during the year.
- September 20th: Healthy Food Fair at Hollywood Road Education Services from 12:30 pm to 4:30 pm.

4.2 **SCHOOL DISTRICT NO. 23 HPS ASSESSMENT & PLANNING SURVEY REPORT 2010/2011**

*Janelle Zebedee
Tricia Labrie*

- All schools completed the 2010/2011 HPS Assessment and Planning Tool.
- The Tool was presented to principals and vice-principals at the March 2011 Superintendent's meeting.
- Janelle and Tricia reviewed the survey report including background information, general findings, and graphs within each of the Four Pillars.
- The report can be used by schools to assist in planning health promotion.
- Janelle will forward the report to the committee electronically.
- Lisa thanked Janelle and Tricia for a job well done.

Janelle	To email the 2010/2011 Assessment & Planning Survey report to the Health Promoting Schools committee.	<i>(in progress)</i>
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4.3 **HI 5 LIVING**

- Hi 5 Living is an interactive web site for students. The web site includes quizzes, self assessments, puzzles, and other related materials.
- The Hi 5 Living Challenge package includes the Educator Guide, quizzes, self assessments, puzzles, and additional tools to use in the classroom.
- Tricia will add the Hi5 Living link to the HPS website. Rhonda will forward information to Healthy Schools coordinators within Interior Health.
- The Hi5 Living website is <http://www.hi5living.org/>

Tricia	To add the Hi5 Living link to the HPS website.	<i>(in progress)</i>
Rhonda	To forward the Hi5 Living information to Healthy Schools coordinators within Interior Health.	<i>(in progress)</i>

5. INFORMATION ITEMS

5.1 **2011 HEALTHY FOOD FAIR**

Janelle Zebedee

- The Healthy Food Fair will be held on Tuesday, September 20, 2011 at HRES - Room 1. Fifteen vendors are expected to participate.

6. REVIEW ACTION ITEMS

Lisa McCullough

- Lisa reviewed the Action Items.

7. FUTURE AGENDA ITEMS

7.1 **OCTOBER 6, 2011: SCHOOL DISTRICT NO. 23 SPC/HPS REPORTING REVIEW 2010/2011**

Tricia Labrie

7.2 **OCTOBER 6, 2011: HPS MENTAL HEALTH SUB-COMMITTEE UPDATE**

Betty Brown

7.3 **OCTOBER 6, 2011: SCHOOL DISTRICT NO. 23 'GOT HEALTH?' GRANT SELECTION PROCESS**

*Janelle Zebedee
Tricia Labrie*

7.4 **IH - HPS COORDINATOR EVALUATION FINAL REPORTS**

Rhonda

FUTURE MEETING DATES: November 3, 2011; December 1, 2011; January 5, 2012; February 2, 2012; March 1, 2012; April 5, 2012; May 3, 2012; June 7, 2012.

Action items from the **October 7, 2010** HPS meeting

Action Item	Person(s) Responsible	Status
To work on the Sustainability Policy 660 with her Environment Mind Grind students.	Jill	<i>(ongoing)</i>

Action items from the **January 6, 2011** HPS meeting

Action Item	Person(s) Responsible	Status
To follow-up with Dr. Tom Warshawski regarding the suggested reduction to the Daily Physical Activity Guidelines.	Anna	<i>(in progress)</i>

Action items from the **June 2, 2011** HPS meeting

Action Item	Person(s) Responsible	Status
To take the 2011/2012 CHPS Action Plan to the Board of Education as an information item.	Committee	<i>(completed)</i>

Action items from the **September 15, 2011** HPS meeting

Action Item	Person(s) Responsible	Status
To email the 2010/2011 Assessment & Planning Survey report to the Health Promoting Schools committee.	Janelle	<i>(in progress)</i>
To add the Hi5 Living link to the HPS website.	Tricia	<i>(in progress)</i>
To forward the Hi5 Living information to all provincial Healthy Schools Coordinators.	Rhonda	<i>(in progress)</i>