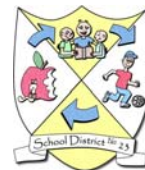




Central Okanagan School District No. 23  
**DISTRICT HEALTH PROMOTING SCHOOLS COMMITTEE**

**MINUTES**

Thursday, March 3, 2011 ~ School Board Office ~ 4:00 pm – 5:30 pm



**IN ATTENDANCE**

<b>Aboriginal Education</b>	Don Fiddler	
<b>Board of Education</b>	Rolli Cacchioni	
<b>COPAC</b>	Valary Chidwick, Elementary	Janice Loukras, Secondary
<b>COPVPA</b>	Jill Voros, Middle	
<b>COTA</b>	Cathie Pavlik, Middle	Jody Cronquist, Middle
<b>CUPE</b>	Bill Zeman	
<b>HPS Coordinator</b>	Tricia Labrie	Janelle Zebedee
<b>IHA</b>	Betty Brown Mental Health	Rhonda Tomaszewski Child Youth Program
<b>MCFD</b>	Beth Flynn	

**REGRETS**

<b>Board of Education</b>	Anna Hunt-Binkley	<b>COPAC</b>	Libby Luk, Middle
<b>COPVPA</b>	Jesse Bruce, Elementary	Luke Campbell, Secondary	
<b>COTA</b>	Karen Barnstable, Secondary	<b>IHA</b>	Cathy Richards Community Nutritionist
<b>SD No. 23</b>	Lisa McCullough		

**Guests: Dr. Peter Molloy, Director of Instruction - Student Support Services  
Harold Schock, SD No. 23 Energy & Sustainability Manager**

**1. WELCOME**

- Guests, Dr. Peter Molloy and Harold Schock were welcomed to the Health Promoting Schools meeting.

*Acting Chair  
Tricia Labrie*

**2. AGENDA**

**2.1 ADOPTION OF MARCH 3, 2011 AGENDA**

- MOVED by Jill Voros and SECONDED by Rhonda Tomaszewski  
**THAT: The Agenda of the District Health Promoting Schools for March 3, 2011 be adopted.  
CARRIED**

*Acting Chair  
Tricia Labrie*

**3. MINUTES**

**3.1 ADOPTION OF FEBRUARY 3, 2011 MINUTES**

- MOVED by Janice Loukras and SECONDED by Jody Cronquist  
**THAT: The Minutes of the District Health Promoting Schools for February 3, 2011 be adopted.  
CARRIED**

*Acting Chair  
Tricia Labrie*

**4. PRESENTATIONS**

**4.1 MARCH 3, 2011: SD No. 23 RESEARCH REVIEW PROCESS (4:00)**

- A presentation was provided which included the review of criteria and procedures for research proposals. (*see attached presentation*)
- Dr. Molloy suggested the committee may like to invite Dr. Marvin Krank, Dean, College of Graduate Studies, UBCO and/or Dr. Lynn Bosetti, Dean, Faculty of Education, UBCO to present at a future HPS meeting.

*Dr. Peter Molloy*

#### 4.2 MARCH 3, 2011: SUSTAINABILITY POLICY UPDATE (4:20)

Harold Schock

- A presentation was provided which included the definition of sustainability, the current District Policy 660 Environmental Sustainability, and recommendations for consideration for the revised policy. (see attached presentation)
- Examples of environmental sustainability that are already in place: the District has gone to comingling recycling, schools are reporting that they are recycling more and producing less waste, various schools are using Earth Mother composting tubs, and we have battery boxes in schools and work sites for recycling.
- To date, we are carbon neutral. We are on track with our benchmarks with energy rates, i.e. changing boilers to higher efficient boilers.
- Harold has met with the District Student Council and is in the process of creating an online survey for students.
- Harold will provide Tricia with monthly sustainability information updates, which will be posted on the Health Promoting Schools website.

### 5. NEW BUSINESS

#### 5.1 PROJECT ADVISORY COMMITTEE FOR HEALTHY WEIGHTS FOR CHILDREN (HWC)

Acting Chair  
Tricia Labrie

- The Bridge Youth and Family Services received a grant from Public Health Canada to write curriculum and pilot a project on Healthy Weights for Children.
- Beth is already on the Project Advisory Committee for HWC. The HPS committee agreed that Beth provide feedback to the committee at the April 7<sup>th</sup> HPS. The committee can then determine if we would like further information by inviting a representative from HWC to present at a future HPS meeting.

Beth	To provide feedback from the Project Advisory Committee for HWC meeting to the HPS committee at the April 7, 2011 meeting.	(in progress)
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### 6. OLD BUSINESS

#### 6.1 HPS MENTAL HEALTH SUB-COMMITTEE UPDATE

Janice Loukras

- An organizational meeting was held at HRES on February 8, 2011. Six parents attended along with Betty Brown; Janice Loukras; and School District No. 23 representative, Maria De Giovanni.
- Betty provided a presentation at the sub-committee meeting followed by discussion.
- Betty, Tricia, and Janelle will meet with Lisa to discuss the next step.
- The next sub-committee meeting will be held on Monday, March 7, 2010 from 12:00 pm to 1:30 pm at HRES in Room 5.

Betty/Tricia/ Janelle	To meet with Lisa regarding the sub-committee's next step.	(in progress)
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#### 6.2 BC SCHOOL TRUSTEE ASSOCIATION (REGIONAL BRANCH) PRESENTATION

Tricia Labrie

- Tricia and Trustee Hunt-Binkley presented at the BCSTA Okanagan Mainline meeting February 4, 2011. The presentation included Health Promoting School's background, program, and present initiatives.
- The Sodium Reduction resolution will be presented at the April 14-16, 2011 provincial BCSTA meeting.

### 6.3 HPS ACTION PLAN UPDATE

*Tricia Labrie*

- Thank you to Janelle for all her hard work on the HPS Planning and Assessment Tool. The 'Tool' will be available online during the week of March 7th.
- Tricia and Janelle are presenting at the Superintendent's meeting on Tuesday, March 8th. The presentation will include the four pillars of Comprehensive School Health, a review of the three-year action plan, past and present initiatives, 2010/2011 goals, success stories and the HPS Planning and Assessment Tool.
- Updates are posted on the HPS website every month.
- Action Schools BC training sessions will be held at some of the schools.

### 6.4 REVIEW OF ACTION ITEMS

*Acting Chair  
Tricia Labrie*

- The Action Items were reviewed.

## 7. FUTURE AGENDA ITEMS

### 7.1 APRIL 7, 2011: PRESENTATION ~ SUPERINTENDENT'S MEETING

*Tricia Labrie*

### 7.2 MAY 5, 2011: RECESS DISCUSSION

*Anna Hunt-Binkley*

The HPS meeting adjourned at 5:40 pm.

### FUTURE MEETING DATES

May 5, 2011, June 2, 2011

Action items from the **March 4, 2010** HPS meeting

Action Item	Person(s) Responsible	Status
To provide information at a middle and secondary school Director's meeting regarding the 'Brain Gains' DVD.	Lisa	<b>(completed)</b>

Action items from the **October 7, 2010** HPS meeting

Action Item	Person(s) Responsible	Status
To work on the Sustainability Policy 660 with her Environment Mind Grind students.	Jill	<i>(in progress)</i>

Action items from the **December 2, 2010** HPS meeting

Action Item	Person(s) Responsible	Status
To post the HPS Assessment and Planning Tool on the HPS website.	Janelle/Tricia	<b>(completed)</b>

Action items from the **January 6, 2011** HPS meeting

Action Item	Person(s) Responsible	Status
To follow-up with Dr. Tom Warshawski regarding the suggested reduction to the Daily Physical Activity Guidelines.	Anna	<i>(in progress)</i>

Action items from the **March 3, 2011** HPS meeting

Action Item	Person(s) Responsible	Status
To provide feedback from the Project Advisory Committee for HWC meeting to the HPS committee at the April 7, 2011 meeting.	Beth	<i>(in progress)</i>
To meet with Lisa regarding the sub-committee's next step.	Betty/Tricia/ Janelle	<i>(in progress)</i>