



Discussion Dice – International Food

Aim:

To develop the students' awareness that Australian food is influenced by other cultures.

Preparation:

- Constructed dice (see background sheet).
- Clues for 'What am I?' for international food such as lasagne or haggis.

Instructions:


1. Refer to the food to play 'What am I?'
2. Divide the class into small groups.
3. Each group rolls the discussion dice and answers the questions as they appear on the faces of the dice.
4. Bring the class together to discuss the variety of meals that the students eat and where the meals come from.


Alternative Ideas:


1. Make an international food chain: start with a chosen country, find a food and use the last letter of the food for the next country for example: Austria – Apple Strudel, Lebanon - Meghli, Iceland - [Hangikjöt](#).
2. Research the food of a chosen country to prepare a menu.
3. Have an international cooking day and feast.




Background sheet – International Food: Where do these foods originate?

Lasagne
A) Australia
B) Italy
C) Germany
D) China


Sushi
A) South Korea
B) Mexico
C) Bulgaria
D) Japan


Spaghetti
A) Italy
B) New Zealand
C) England
D) Burma


Peanut Macarons
A) Wales
B) Sudan
C) Thailand
D) Argentina


Damper
A) Tonga
B) The Philippines
C) Australia
D) Egypt

Melokhia
A) United States of America
B) Mongolia
C) Egypt
D) Zambia