

TOGETHER, LET'S PLEDGE TO BULLY PROOF (NAME OF SCHOOL)!



As a follow-up to our anti-bullying assembly let's design/decorate individual hands of how each of us with try to keep (NAME OF SCHOOL) bully free!

Division will put together your pledges to create a (NAME OF SCHOOL) Wall of pledges in our long hallway for all to see. Please decorate the hand your teacher gives you and keep it up until the Remembrance Day exhibits go up.

DESIGNER ANTI-BULLYING HANDS SHOULD INCLUDE:

- ⇒ Student's Name (Is it neat and easy to read from standing distance?)
- ⇒ Be coloured to impact people who walk by the display (e.g., vivid colours)
- ⇒ Include images which show what students learned about bully-proofing:

Think About::

- ⇒ The bully, bystander or the bullied
- ⇒ Any of the S.M.A.R.T. strategies
- ⇒ Ideas you remember from the role-plays
Matching Clothes, Just Walk Away, At the Lockers,
The Math Test, Skateboard Park, Nice Shorts

PLEASE INCLUDE YOUR NAME AND CLASSROOM TEACHER'S NAME ON
THE BACK
PLEASE USE FELT OR PENCIL CRAYON. NO CRAYON

Cut out your hand carefully (smooth edges)

DUE DATE: _____

Up in time for _____ Assembly!

Important Note: There will be a follow-up activity – a Random Act of Kindness Week. Watch for further information soon!

SCHOOL PLEDGE: (Will be posted on PLEDGE WALL):

- *We won't bully others.*
- *We will help students who are being bullied.*
- *We will include students who are left out.*
- *We will report any bullying we know about or see.*